Course Overview
The Leadership Skills Training Program introduces leadership models that provide a transitional experience into the role of chief resident. The virtual course consists of small-group breakout sessions providing chief residents the tools, skills, and learning opportunity to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader.

Program Information
The long-standing Leadership Skills Training Program for Chief Residents has been adapted into a virtual format in response to the challenges of the COVID-19 pandemic.

ACGME Faculty
Maureen “Mo” G. Leffler, DO, MPH
Course Director, ACGME Leadership Skills Training Program for Chief Residents, Department of Education and Organizational Development; Chief Wellness Officer, Nemours Children’s Health System; Pediatric Rheumatologist, Nemours, Al duPont Hospital for Children; Clinical Assistant Professor of Pediatrics, Thomas Jefferson University

Faculty members from the University of Colorado, Denver and Washington University School of Medicine provide co-facilitation for each of the workshops.

2020 LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS

These identical workshops are open to chief residents from all specialties. Each workshop includes 90-minute weekly sessions over seven weeks.

Choose Workshop 1 or Workshop 2

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<td><strong>Tuesday afternoons</strong></td>
<td><strong>Friday mornings</strong></td>
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<td>October 6</td>
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<td>3:00-4:30 p.m. Central</td>
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Registration and Participation Information
There is no registration fee for the virtual workshop this year. Registration requires residents to attend all seven sessions and obtain program director commitment to protected time. Participants are encouraged to block 15 minutes before and after each session on their calendars to ensure they arrive on time and can be prepared to be engaged for 90 minutes. There will not be breaks during the 90-minute sessions. Each workshop is limited to 40 residents.

Participants must have a device equipped with a camera and microphone, as video and audio capability are a prerequisite for participation.

Registration Deadline: August 21, 2020

Workshop 1 (Tuesday afternoons):
https://zoom.us/meeting/register/tJ0sdeyvpj4jHdlbFx-LVfTOgNtwXAMU9E_e

Workshop 2 (Friday mornings):
https://zoom.us/meeting/register/tJAtc-gprjMpE9z5TBGmrys7_8Icd0gwUJEi

Email questions to Ann Riley: ariley@acgme.org.

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Agenda Topics and Objectives

**Session 1:** Orientation to the Diverse Leadership Roles and Challenges of Chief Residency  
**Objective:** Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role

**Session 2:** Discovering Your Personal Leadership Strengths and Weaknesses – Part 1  
**Objective:** Increase individual and group awareness of self and others’ personalities and diversity, and learn to manage oneself more effectively in a leadership role

**Session 3:** Discovering Your Personal Leadership Strengths and Weaknesses – Part 2  
**Objective:** Continue the work from Session 2 to increase individual and group awareness of self and others’ personalities and diversity, and learn to manage oneself more effectively in a leadership role

**Session 4:** Dynamics of Group Function  
**Objective:** Learn how group dynamics play a major role in the effectiveness of a group at maintaining cohesion to achieve its goals

**Session 5:** Conflict and Power Dynamics in Hierarchical Organizations  
**Objective:** Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and ability to work with hospital administrators

**Session 6:** Diversity, Equity, and Inclusion  
**Objective:** Understand how our own background affects us as a leader and develop skills to manage the complexity of the issue at both the individual and group levels

**Session 7:** Individual and Programmatic Well-Being, and Adjournment  
**Objective:** Increase ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resiliency within oneself and the program.