Parker J. Palmer Courage to Teach Award



The Parker J. Palmer Courage to Teach Award honors program directors who find innovative ways to teach residents and fellows, and to provide quality health care while remaining connected to the initial impulse to care for others in this environment. Parker J. Palmer is the author of the book *The Courage to Teach*; his promotion of the concept of "living divided no more" has proven relevant to teaching in academic health centers.



Berdale S. Colorado, DO, MPH

Program Director for Physical Medicine and Rehabilitation Heersink School of Medicine, University of Alabama at Birmingham Birmingham, Alabama

Nominators had this to say:

"Recognizing our program's need for musculoskeletal medicine (MSK) education, Dr. Colorado developed an MSK ultrasound curriculum, organized an MSK journal club,

created an MSK clinical rotation, created regular EMG [electromyography] case conferences/criticalthinking sessions, expanded sports/event coverage opportunities, and revamped all of the sports, pain, and MSK rotations and didactics. Since arriving at UAB, he has served as the director for multiple courses and clinical rotations and given over 30 lectures. His efforts were recognized by the residents with the Laura B. Kezar Award for dedication and commitment to resident education."

"Dale's teaching and education impact also extends nationally. He is a member of the Sports Medicine Board Exam Committee for the American Board of Family Medicine. He is an exam content writer and oral board examiner for the American Board of Physical Medicine and Rehabilitation. He serves as chair of the Electrodiagnostic Medicine Fellowship Task Force for the American Association of Neuromuscular and Electrodiagnostic Medicine. Additionally, he is a member of the GME Committee for the American Academy of Physical Medicine and Rehabilitation and the Residency and Fellowship Directors Council of the Association of Academic Physiatrists. He regularly lectures at national conferences."