

Parker J. Palmer Courage to Teach Award



The Parker J. Palmer Courage to Teach Award honors program directors who find innovative ways to teach residents and fellows, and to provide quality health care while remaining connected to the initial impulse to care for others in this environment. Parker J. Palmer is the author of the book *The Courage to Teach*; his promotion of the concept of “living divided no more” has proven relevant to teaching in academic health centers.



Jeffrey B. Friedrich, MD, MC, FACS
Program Director for Plastic Surgery
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Nominators had this to say:

“As a mentor, Dr. Friedrich strives to understand our individual goals and guides us to achieve those ambitions as we progress through training. Rather than prescribing standardized advice, he fosters introspection to help us identify our own path. Instead of sticking to what has been done in the past, he constantly opens doors for new opportunities to cultivate our unique aspirations. Regardless of the direction of our goals and career objectives, Dr. Friedrich has been instrumental in helping facilitate these.”

“As a surgeon and educator, Dr. Friedrich holds himself to the highest standard and is humble in the pursuit of caring for his patients. He creates a safe space for trainees to learn, ask questions, voice concerns, and grow into independent practitioners. His confidence in our abilities and respect for us as individuals pushes us to become the best version of ourselves, as physician-learners. Not only does he bring an exceptional clinical acumen and technical experience to our program, but he provides a road map for how we, as residents, can become teachers to our more junior colleges.”