

## workshops and courses 2024

#### LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS

#### EIGHT WORKSHOPS AND DATES IN THREE LOCATIONS

#### SPRING 2024 DATES

### Chicago, Illinois

March 25-27, 2024

Registration Deadline: February 23

June 13-15, 2024

Registration Deadline: May 10

June 18-20, 2024

Registration Deadline: May 10

#### Redondo Beach, California

April 8-10, 2024

Registration Deadline: March 7

April 11-13, 2024

Registration Deadline: March 7

#### Philadelphia, Pennsylvania

April 29-May 1, 2024

Registration Deadline: March 29

May 6-8, 2024

Registration Deadline: April 5

May 9-11, 2024

Registration Deadline: April 5

## **Workshop Overview**

The Leadership Skills Training Program introduces models of leadership that provide a transitional experience into the role of chief resident. The experiential workshops consist of small-group sessions and exercises offering incoming chief residents the tools, skills, and learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader. **Dress during the workshop is casual.** 

## **Workshop Faculty Members**

Maureen G. Leffler, DO, MPH

Course Director, ACGME Leadership Skills Training Program for Chief Residents

Chief Wellness Officer, Nemours Health System

#### Rita Lee, MD

Professor, Division of General Internal Medicine, University of Colorado School of Medicine (UCSM)

Director, Health Systems Science and Health Equity, UCSM

Director, Health Equity Education and Training, Anschutz Medical Campus

#### Matthew R. G. Taylor MD, PhD

Director, Adult Clinical Genetics, Department of Medicine University of Colorado School of Medicine (UCSM)

Director, BA/BS-MD Program to promote diversity of medical professionals practicing medicine at Colorado, Anschutz Medical Campus

#### Jason S. Williams, PsyD

Senior Vice President, Chief Mental and Behavioral Health Officer and Division Chief, Child and Adolescent Psychiatry, University of Arkansas Medical Sciences

#### Nichole G. Zehnder, MD

Associate Professor, Department of Medicine and Associate Dean, Educational Strategy, Washington University School of Medicine



# WORKSHOPS and COURSES 2024

## **Daily Agenda**

7:30-8:30 a.m. - Registration sign-in and breakfast \*\*breaks and lunches provided\*\*

## DAY 1, 8:30 a.m.-5:00 p.m.

#### Orientation to the Diverse Leadership Roles and Challenges of Chief Residency

**Objective:** Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role.

#### **Discovering your Personal Leadership Strengths and Weaknesses**

**Objective:** Increase individual and group awareness of one's own and others' personalities and diversity and learn to manage oneself more effectively in a leadership role.

## DAY 2, 8:30 a.m.-5:00 p.m.

#### Diversity, Equity, and Inclusion

**Objective:** Understand how our own backgrounds affect us as leaders and develop skills to manage the complexity of the issue at both the individual and group levels.

#### **Dynamics of Group Function**

**Objective:** Learn how group dynamics play a major role in the effectiveness of a group at maintaining cohesion to achieve its goals.

## DAY 3, 8:30 a.m.-3:00 p.m.

#### **Conflict and Power Dynamics in Hierarchical Organizations**

**Objective:** Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and ability to work with hospital administrators.

#### **Individual and Programmatic Well-Being**

**Objective:** Increase ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within oneself and one's program.

#### **Change Project and Professional Support Network**

**Objective:** By applying the material covered throughout the course, define a specific change project, analyze the complexity of the project, draft an approach to implementing this change, and define the specific support network needed to succeed in the role of chief resident.



# WORKSHOPS and COURSES 2024

## **Registration Information**

**Registration is limited and must be completed online with payment.** The registration fee of \$1,045 includes breakfast, lunch, and breaks for each conference day, a reception on the first conference day, and all workshop materials. **Credit card payment is required**, and registration confirmation will be sent via email immediately upon submission of payment.

NOTE: Pending registrations will be canceled if payment is not received by the registration deadline.

DO NOT MAKE TRAVEL OR HOTEL RESERVATIONS UNTIL CONFIRMATION OF ACCEPTANCE IS RECEIVED.

#### **Cancellation and Refund Policies**

A full refund will be given until 30 days prior to the program date. Cancellations requested less than 30 days before a scheduled workshop will incur a \$125 administrative fee. No refunds will be made for cancellations made seven days or less before a workshop. *If the ACGME cancels a program, registrants will receive a full refund of the registration fee.*No refund for airfare or hotel costs will be provided by the ACGME.

Email content questions to ACGME Training Program Manager: <a href="mailto:balden@acgme.org">balden@acgme.org</a>.

Email registration questions to registration@acgme.org.



## WORKSHOPS and COURSES 2024

#### **Hotel Accommodations**

Hotel accommodations should be made **after** confirmation of acceptance to the program. **The ACGME** has reserved a block of rooms at each hotel below for arrival the night prior to program start. Rooms are available on a first-come, first-served basis. To receive the course rate, participants must indicate they are an ACGME program participant, as indicated below. Select the dates and corresponding location that works best for your schedule.

**NOTE**: All Chicago programs are held in the ACGME office, 401 North Michigan Avenue, Chicago, Illinois. Redondo Beach and Philadelphia programs are held in the conference hotel.

PROGRAM DATES	HOTEL INFORMATION
March 25-27, 2024 Chicago, Illinois Reserve by February 23 Single/Double Rate: \$209++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room
April 8-10, 2024 Redondo Beach, California Reserve by March 7 Single/Double Rate: \$230++ and Resort Fee: \$15	The Portofino Hotel and Marina, 260 Portofino Way Reserve a Room Code: 4183911
April 11-13, 2024 Redondo Beach, California Reserve by March 7 Single/Double Rate: \$230++ and Resort Fee: \$15	The Portofino Hotel and Marina, 260 Portofino Way  Reserve a Room  Code: 9478954
April 29-May 1, 2024 Philadelphia, Pennsylvania Reserve by March 29 Single/Double Rate: \$209++	Hilton Philadelphia Penn's Landing, 201 South Columbus Boulevard Reserve a Room
May 6-8, 2024 Philadelphia, Pennsylvania Reserve by April 5 Single/Double Rate: \$209++	Hilton Philadelphia Penn's Landing, 201 South Columbus Boulevard Reserve a Room
May 9-11, 2024 Philadelphia, Pennsylvania Reserve by April 5 Single/Double Rate: \$209++	Hilton Philadelphia Penn's Landing, 201 South Columbus Boulevard Reserve a Room
June 13-15, 2024 Chicago, Illinois Reserve by May 10 Single/Double Rate \$299++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room
June 18-20, 2024 Chicago, Illinois Reserve by May 10 Single/Double Rate \$309++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room