

# Developmental-Behavioral Pediatrics Milestones

The Accreditation Council for Graduate Medical Education



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## Developmental-Behavioral Pediatrics Milestones

The Milestones are designed only for use in evaluation of fellows in the context of their participation in ACGMEaccredited residency or fellowship programs. The Milestones provide a framework for the assessment of the development of the fellow in key dimensions of the elements of physician competency in a specialty or subspecialty. They neither represent the entirety of the dimensions of the six domains of physician competency, nor are they designed to be relevant in any other context.

## **Developmental-Behavioral Pediatrics Milestones Work Group**

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Section on Developmental and Behavioral Pediatrics

Society for Developmental Behavioral Pediatrics

ACGME Review Committee for Pediatrics

### **Understanding Milestone Levels and Reporting**

This document presents the Milestones, which programs use in a semi-annual review of fellow performance, and then report to the ACGME. Milestones are knowledge, skills, attitudes, and other attributes for each of the ACGME Competencies organized in a developmental framework. The narrative descriptions are targets for fellows' performance throughout their educational program.

Milestones are arranged into levels. Tracking from Level 1 to Level 5 is synonymous with moving from novice to expert fellow in the specialty or subspecialty. For each reporting period, the Clinical Competency Committee will review the completed evaluations to select the milestone levels that best describe each learner's current performance, abilities, and attributes for each subcompetency.

These levels *do not* correspond with post-graduate year of education. Depending on previous experience, a junior fellow may achieve higher levels early in the educational program just as a senior fellow may be at a lower level later in the educational program. There is no predetermined timing for a fellow to attain any particular level. Fellows may also regress in achievement of their milestones. This may happen for many reasons, such as over scoring in a previous review, a disjointed experience in a particular procedure, or a significant act by the fellow.

Selection of a level implies the fellow substantially demonstrates the milestones in that level, as well as those in lower levels (see the diagram on page vi).

#### **Additional Notes**

Level 4 is designed as a graduation *goal* but *does not* represent a graduation *requirement*. Making decisions about readiness for graduation and unsupervised practice is the purview of the program director. Furthermore, Milestones 2.0 include revisions and changes that preclude using Milestones as a sole assessment in high-stakes decisions (i.e., determination of eligibility for certification or credentialing). Level 5 is designed to represent an expert fellow whose achievements in a subcompetency are greater than the expectation. Milestones are primarily designed for formative, developmental purposes to support continuous quality improvement for individual learners, education programs, and the specialty. The ACGME and its partners will continue to evaluate and perform research on the Milestones to assess their impact and value.

Examples are provided for some milestones within this document. Please note: the examples are not the required element or outcome; they are provided as a way to share the intent of the element.

A Supplemental Guide is also available to provide the intent of each subcompetency, examples for each level, assessment methods or tools, and other available resources. The Supplemental Guide, like examples contained within the Milestones, is designed only to assist the program director and Clinical Competency Committee, and is not meant to demonstrate any required element or outcome.

Supplemental Guides and other resources are available on the Milestones page of each specialty section of the ACGME website. On <a href="https://www.acgme.org">www.acgme.org</a>, choose the applicable specialty under the "Specialties" menu, then select the "Milestones" link in the lower navigation bar.

The diagram below presents an example set of milestones for one sub-competency in the same format as the ACGME Report Worksheet. For each reporting period, a fellow's performance on the milestones for each sub-competency will be indicated by selecting the level of milestones that best describes that fellow's performance in relation to those milestones.

Systems-Based Practice 1: Patient Safety					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates knowledge of common patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to modify systems to prevent patient safety events	
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and patients' families (simulated or actual)	Discloses patient safety events to patients and patients' families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events	
Comments:  Not Yet Completed Level 1					
Selecting a response box in the middle of a level implies that milestones in that level and in lower levels have been substantially demonstrated.  Selecting a response box on the line between levels indicates that milestonic in lower levels have been substantially demonstrated as well as <b>some</b> milestones in the higher level(s).		tes that milestones een substantially as <b>some</b>			

Patient Care 1: Developmental-Behavioral History					
Level 1	Level 2	Level 3	Level 4	Level 5	
Uses a template to obtain, communicate, and document a history, including perinatal, developmental, and family components	Obtains, communicates, and documents a relevant history, eliciting patient's and patient's family's contributions based on cognitive level and cultural norms	Incorporates supplemental data from external sources into the history to filter, prioritize, and synthesize a differential diagnosis for straightforward presentations	Reconciles information from conflicting sources or sources that are difficult to access into the history, and uses the history to develop a differential diagnosis for complex presentations	Recognizes and probes subtle clues from patients and their families; efficiently distinguishes nuances among diagnoses	
Comments:  Not Yet Completed Level 1 Not Yet Assessable					

Patient Care 2: Developmental-Behavioral Physical Exam					
Level 1	Level 2	Level 3	Level 4	Level 5	
Performs general pediatric physical examination	Performs physical exam, including assessment of developmental status and behavioral characteristics	Performs developmentally appropriate physical examination and interprets normal variants and abnormal findings for straightforward presentations	Consistently performs developmentally appropriate physical examination and interprets normal variants and abnormal findings for complex presentations	Detects, pursues, and integrates key physical examination findings to distinguish nuances among competing, often similar diagnoses	
Comments:  Not Yet Completed Level 1 Not Yet Assessable					

Patient Care 3: Screening and Assessment				
Level 1	Level 2	Level 3	Level 4	Level 5
Interprets caregiver and/or self-reported developmental- behavioral screening and assessment tools	Reviews previous testing results and administers and interprets developmental-behavioral assessment tools, with support	Evaluates previous testing results and administers and interprets developmental-behavioral assessment tools for straightforward presentations	Evaluates previous testing results and effectively selects, administers, and interprets developmental-behavioral assessment tools for complex presentations	Demonstrates flexibility and efficiency in selection, prioritization, administration, and interpretation of developmental-behavioral assessment tools for complex presentations
Comments:  Not Yet Completed Level 1 Not Yet Assessable				

Patient Care 4: Clinical Reasoning					
Level 1	Level 2	Level 3	Level 4	Level 5	
Generates an unfocused differential diagnosis based on the clinical facts	Organizes clinical facts to compare and contrast diagnoses being considered, resulting in a prioritized differential diagnosis	Integrates clinical facts into diagnostic conclusions; reappraises in real time to avoid diagnostic error in straightforward cases	Efficiently integrates clinical facts into diagnostic conclusions; reappraises in real time to avoid diagnostic error in complex cases	Role models the organization of clinical facts to develop a prioritized differential diagnosis for complex clinical presentations	
Comments:  Not Yet Completed Level 1  Not Yet Assessable					

Patient Care 5: Patient Management					
Level 1	Level 2	Level 3	Level 4	Level 5	
Participates in the creation of management plans	Develops management plan for common diagnoses	Develops prioritized management plans for common diagnoses	Develops prioritized management plans for complex diagnoses, with the ability to modify plans as necessary	Serves as a role model for development and prioritization of management plans for complex diagnoses, with the ability to modify plans as necessary	
Comments:  Not Yet Completed Level 1 Not Yet Assessable					

Medical Knowledge 1: Development and Behavior					
Level 1	Level 2	Level 3	Level 4	Level 5	
Lists developmental and behavioral norms across domains	Identifies and interprets patterns of abnormalities across domains of development and/or behavior	Analyzes developmental and/or behavioral disorders based on common patterns of abnormalities	Analyzes developmental and/or behavioral disorders based on common and uncommon patterns of abnormalities	Investigates new influences on common and uncommon disorders of development and/or behavior	
Comments:				Completed Level 1	

Medical Knowledge 2: Etiology				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates basic knowledge of physiology, genetics, and environmental influences pertaining to general pediatrics	Demonstrates basic knowledge of physiologic, genetic, and environmental influences related to developmental- behavioral disorders	Demonstrates in-depth knowledge of physiologic, genetic, and environmental influences on developmental- behavioral disorders	Correlates knowledge of physiology, genetics, and environmental influences underlying developmental-behavioral disorders into evidence-based treatment planning	Investigates and disseminates knowledge of physiologic, genetic, and environmental influences on developmental-behavioral disorders
Comments:  Not Yet Completed Level 1  Not Yet Assessable				

Medical Knowledge 3: Diagnostic Investigation					
Level 1	Level 2	Level 3	Level 4	Level 5	
Discusses general diagnostic approach appropriate to clinical presentation	Lists indications, contraindications, risks, and benefits of diagnostic testing	Prioritizes and interprets diagnostic tests appropriate to clinical urgency and complexity	Uses complex diagnostic approaches that have the highest diagnostic yield and cost effectiveness	Demonstrates sophisticated knowledge of diagnostic testing and controversies	
Comments:				Assessable	

Medical Knowledge 4: Pharmacologic and Developmental and/or Behavioral Interventions					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates knowledge of common pharmacologic and developmental and/or behavioral interventions	Identifies the risks and benefits of common pharmacologic and developmental and/or behavioral interventions	Monitors and adjusts the choice and dosing of common pharmacologic and developmental and/or behavioral interventions	Monitors and adjusts pharmacologic and developmental and/or behavioral interventions in complex situations	Investigates and disseminates knowledge of novel pharmacologic and developmental and/or behavioral intervention options	
Comments:  Not Yet Completed Level 1 Not Yet Assessable					

Systems-Based Practice 1: Patient Safety				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of common patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to modify systems to prevent patient safety events
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and families (simulated or actual)	Discloses patient safety events to patients and families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events
Comments:  Not Yet Completed Level 1				

Systems-Based Practice 2: Quality Improvement					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes local quality improvement initiatives	Participates in local quality improvement initiatives	Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Creates, implements, and assesses quality improvement initiatives at the institutional or community level	
Comments:			Not Yet C	ompleted Level 1	

Systems-Based Practice 3: System Navigation for Patient Centered Care – Coordination of Care				
Level 1	Level 2	Level 3	Level 4	Level 5
Lists the various interprofessional individuals involved in the patient's care coordination	Coordinates care of patients in routine clinical situations, incorporating interprofessional teams with consideration of patient and family needs	Coordinates care of patients in complex clinical situations, effectively utilizing the roles of interprofessional teams, and incorporating patient and family needs and goals	Coordinates interprofessional, patient-centered care among different disciplines and specialties, actively assisting families in navigating the health care system	Coaches others in interprofessional, patient-centered care coordination
Comments:			Not Yet C	ompleted Level 1

Systems-Based Practice 4: System Navigation for Patient-Centered Care – Transitions in Care				
Level 1	Level 2	Level 3	Level 4	Level 5
Uses a standard template for transitions of care/hand-offs	Adapts a standard template, recognizing key elements for safe and effective transitions of care/hand-offs in routine clinical situations	Performs safe and effective transitions of care/hand-offs in complex clinical situations, and ensures closed-loop communication	Performs and advocates for safe and effective transitions of care/hand-offs within and across health care delivery systems, including transitions to adult care	Coaches others in improving transitions of care within and across health care delivery systems to optimize patient outcomes
Comments:			Not Yet C	completed Level 1

Systems-Based Practice 5: Population and Community Health				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates awareness of population and community health needs and disparities	Identifies specific population and community health needs and disparities; identifies local resources	Uses local resources effectively to meet the needs and reduce health disparities of a patient population and community	Adapts practice to provide for the needs of and reduce health disparities of a specific population	Advocates at the local, regional, or national level for populations and communities with health care disparities
Comments:  Not Yet Completed Level 1				

Systems-Based Practice 6: Physician Role in Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
Engages with patients and other providers in discussions about cost-conscious care and key components of the health care delivery system	Identifies the relationships between the delivery system and cost- conscious care and the impact on the patient care	Discusses the need for changes in clinical approaches based on evidence, outcomes, and cost-effectiveness to improve care for patients and families	Advocates for the promotion of safe, quality, and high-value care	Coaches others to promote safe, quality, and high-value care across health care systems
Comments:			Not Yet C	ompleted Level 1

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice				
Level 1	Level 2	Level 3	Level 4	Level 5
Develops an answerable clinical question and demonstrates how to access available evidence, with guidance	Independently articulates clinical question and accesses available evidence	Locates and applies the evidence, integrated with patient preference, to the care of patients	Critically appraises and applies evidence, even in the face of uncertainty and conflicting evidence to guide care tailored to the individual patient	Coaches others to critically appraise and apply evidence for complex patients
Comments:  Not Yet Completed Level 1				

Level 1	Level 2	Level 3	Level 4	Level 5
Participates in feedback sessions	Demonstrates openness to feedback and performance data	Seeks and incorporates feedback and performance data episodically	Seeks and incorporates feedback and performance data consistently	Role models and coaches others in seeking and incorporating feedback and performance data
Develops personal and professional goals, with assistance	Designs a learning plan based on established goals, feedback, and performance data, with assistance	Designs and implements a learning plan by analyzing and reflecting on the factors which contribute to gap(s) between performance expectations and actual performance	Adapts a learning plan using long-term professional goals, self-reflection, and performance data to measure its effectiveness	Demonstrates continuous self-reflection and coaching of others on reflective practice

Professionalism 1: Professional Behavior				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies expected professional behaviors and potential triggers for lapses	Demonstrates professional behavior with occasional lapses	Maintains professional behavior in increasingly complex or stressful situations	Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in self and others	Models professional behavior and coaches others when their behavior fails to meet professional expectations
Identifies the value and role of developmental-behavioral pediatrics as a vocation/career	Demonstrates accountability for patient care as a developmental- behavioral pediatrician, with guidance	Fully engages in patient care and holds oneself accountable	Exhibits a sense of duty to patient care and professional responsibilities	Extends the role of the developmental-behavioral pediatrician beyond the care of patients by engaging with the community, specialty, and medical profession as a whole
Comments:  Not Yet Completed Level 1				

Professionalism 2: Ethical Principles				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of the ethical principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	Applies ethical principles in common situations	Analyzes complex situations using ethical principles to address conflict/controversy; seeks help when needed to manage and resolve complex ethical situations	Manages and seeks to resolve ethical dilemmas using appropriate resources (e.g., ethics consultations, literature review, risk management/legal consultation)	Called upon by others to consult in cases of complex ethical dilemmas; identifies and seeks to address system-level factors that induce or exacerbate
Comments:  Not Yet Completed Level 1				

Professionalism 3: Accountability/Conscientiousness				
Level 1	Level 2	Level 3	Level 4	Level 5
Performs tasks and responsibilities, with prompting	Performs tasks and responsibilities in a timely manner in routine situations	Performs tasks and responsibilities in a thorough and timely manner in complex or stressful situations	Coaches others to ensure tasks and responsibilities are completed in a thorough and timely manner in complex or stressful situations	Creates strategies to enhance others' ability to efficiently complete tasks and responsibilities
Comments:			Not Yet C	ompleted Level 1

Professionalism 4: Well-Being				
Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the importance of addressing personal and professional well-being	Describes institutional resources that are meant to promote well-being	Recognizes institutional and personal factors that impact well-being	Describes interactions between institutional and personal factors that impact well-being	Coaches and supports colleagues to optimize well-being at the team, program, or institutional level
Comments:			Not Yet Co	ompleted Level 1

This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each fellow has the fundamental knowledge of factors that impact wellbeing, the mechanisms by which those factors impact well-being, and available resources and tools to improve well-being.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates respect and attempts to establish rapport	Establishes a therapeutic relationship in straightforward encounters	Establishes a culturally competent and therapeutic relationship in most encounters	Establishes a therapeutic relationship in straightforward and complex encounters, including those with ambiguity and/or conflict	Mentors others to develop positive therapeutic relationships
Attempts to adjust communication strategies based upon patient/family expectations	Adjusts communication strategies as needed to mitigate barriers and meet patient/family expectations	Communicates with sensitivity and compassion, elicits patient/family values, and acknowledges uncertainty and conflict	Uses shared decision making with patient/family to make a personalized care plan	Models and coaches others in patient- and family-centered communication
Comments:  Not Yet Completed Level 1				

Interpersonal and Communication Skills 2: Interprofessional and Team Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
Respectfully requests a consultation, with guidance	Clearly and concisely requests consultation by communicating patient information	Formulates a specific question for consultation and tailors communication strategy	Coordinates consultant recommendations to optimize patient care	Maintains a collaborative relationship with referring providers that maximizes adherence to practice recommendations
Identifies the members of the interprofessional team	Participates within the interprofessional team	Uses bi-directional communication within the interprofessional team	Facilitates interprofessional team communication	Coaches others in effective communication within the interprofessional team
Comments:  Not Yet Completed Level 1				

Interpersonal and Communication Skills 3: Communication within Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
Records accurate information in the patient record	Records accurate and timely information in the patient record	Concisely documents updated, prioritized, diagnostic and therapeutic reasoning in the patient record	Documents diagnostic and therapeutic reasoning, including anticipatory guidance	Models and coaches others in documenting diagnostic and therapeutic reasoning
Identifies the importance of and responds to multiple forms of communication (e.g., inperson, electronic health record (EHR), telephone, email)	Selects appropriate method of communication, with prompting	Aligns type of communication with message to be delivered (e.g., direct and indirect) based on urgency and complexity	Demonstrates exemplary written and verbal communication	Coaches others in written and verbal communication
Comments:  Not Yet Completed Level 1				