

Supplemental Guide: Orthopaedic Surgery



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Orthopaedic Surgery Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components, including rotation mapping.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: Operative Management of Fractures and Dislocations Overall Intent: To perform core procedures for fractures and dislocations, including development of an operative plan and managing complications

Milestones	Examples
Level 1 Develops a simple surgical plan, with assistance	 Appropriately orders basic imaging studies Describes basic understanding of relevant reduction method and appropriate fixation technique (percutaneous, external fixation, plate, nail) Demonstrates proper patient positioning and tourniquet placement for extremity procedures
Demonstrates basic surgical skills (e.g., wound closure) and assists with procedures	 Demonstrates proper sterile prep-and-drape and accurately marks incision Displays atraumatic soft tissue handling with superficial dissection and closure Demonstrates competence in knot tying (hand and instrument) Exhibits proper use of drill Explains radiation exposure mitigation factors Exhibits proper technique in sterile dressing and relevant splint application
Identifies and reports simple complications	 Demonstrates competence in neurological assessment Explains examples of typical postoperative neurological and vascular deficits, including compartment syndrome, and method for reporting Identifies wound dehiscence during wound check and reports appropriately Identifies potential narcotic misuse/dependence and describes appropriate method for reporting
Level 2 Independently develops a simple surgical plan	 Appropriately interprets basic imaging studies Explains rationale for method of fracture fixation, incorporating concepts of absolute and relative stability Describes equipment needs for procedure and institutional protocol to ensure availability Demonstrates proper patient positioning for hip, pelvic, and spine procedures Describes proper decision-making regarding antibiotic management and venous thromboembolism (VTE) prophylaxis Describes short-term rehabilitation plan
Performs surgical approach, with minimal assistance	 Performs closed reduction of core fractures listed below with minimal assistance Performs provisional operative reduction of core fractures listed below with assistance Independently places uniplanar external fixator pins for a tibial fracture and applies fixator frame with assistance Demonstrates appropriate analysis of fluoroscopic imaging

	 Exhibits competence in percutaneous pin placement with direction Demonstrates ability to progress through deeper layers of exposure with minimal periosteal stripping Identifies proper starting point for intramedullary and cannulated screw fixation for a femur fracture Exhibits competence in multi-layer closure
Manages simple complications	 Identifies and independently initiates treatment of neurovascular deficits with attention to splint, limb position, compartment pressure measurements Identifies potential VTE complication and initiates work-up and treatment Appropriately identifies wound dehiscence and presents treatment plan including decision making regarding local wound care, antibiotics, and potential need for surgical debridement and repeat closure Initiates management plan for narcotic misuse/dependence
	 Plans core procedures listed in Level 3 Performs surgical approach core procedures listed in Level 3
Level 3 Independently develops a surgical plan	Appropriately interprets advanced imaging studies
for core procedures that includes identification of potential challenges and technical complexities	 Develops a comprehensive surgical plan for a femoral neck fracture to include proper patient positioning, imaging (type and orientation), surgical approach, detailed method of reduction and fixation, instrumentation, and contingency plans Includes a comprehensive plan for post-operative care including immobilization, weight bearing, and rehabilitation
Performs critical steps of core procedures, with assistance	 Confirms availability of necessary equipment Performs provisional reduction of core fractures with minimal assistance Performs closed reduction of core fractures without assistance Independently applies uniplanar external fixator Exhibits competence in percutaneous pin placement with minimal assistance Explains proper soft tissue management and debridement of open fractures Performs atraumatic nerve dissection in exposure of fracture (e.g., radial nerve) Performs upper and lower limb fasciotomy with assistance Demonstrates competence in assessing proper guidewire placement, measurement (screw/nail) and drilling/reaming Performs lag screw fixation with minimal assistance and neutralization plate application independently

	Demonstrates competence in obtaining proper fluoroscopic images for pelvic and hip
	Places appropriate splint, cast, or brace without assistance
Identifies complex complications	Identifies associated patient and soft tissue factors that may delay or modify surgical
	 Accurately describes associated soft tissue injuries with a bimalleolar fracture (and
	proposed management)
	Identifies intra-operative complications (loss of reduction, screw penetration,
	periprosthetic fracture) and describes treatment plan
	 Describes signs and symptoms of early post-operative infection and initiates work-up and preliminary treatment
	Performs critical steps of core procedures in:
	• Carpal dislocation
	Carpai fracture Debridement of open fractures
	\circ Distal femoral fracture
	 Distal humeral fracture
	 ○ Distal radius fracture
	 Elbow dislocation
	○ Fasciotomy
	 Femoral neck fracture Hindfoot and midfoot fractures and dislocations
	\circ Intertrochanteric fracture
	 Metacarpal/phalangeal dislocation
	○ Proximal radius/ulna shaft fracture
	○ Radius/ulna shaft fracture
	 ○ Tibial pilon fracture
	• Tiblai shaft fracture
	\circ Unilateral external fixation
	○ Unimalleolar/bimalleolar fracture
Level 4 Independently develops a surgical plan	Has completed Level 3 for all core procedures listed
for complex procedures, including contingencies	Incorporates the concepts of damage control, staged reconstruction, use of distraction
for complications	devices, surgical windows, bridge plating, and hybrid fixation

	Develops contingency plans for intra-operative complications, including potential
	neurovascular injury, fixation failure, and periprosthetic fracture
	Understands timing and triage of procedures in the patient with multiple injuries
Independently performs core procedures;	Independently performs closed reduction and uniplanar external fixator application
performs complex procedures, with assistance	Applies multiplanar external fixator, with assistance
	Describes algorithm for management of irreducible dislocations
	Demonstrates proper soft tissue management and debridement of open fractures
	• Performs upper- and lower-limb fasciotomy without assistance; describes appropriate wound management
	• Demonstrates competence in all technical aspects of intramedullary and plate fixation of core fractures
	• Performs advanced reduction techniques (blocking screws, distraction devices, push/pull), with assistance
	• Performs surgical exposure and fixation of pelvic/acetabular fractures, with assistance
	Performs percutaneous fixation of pelvic fractures, with assistance
Develops a plan for managing complex complications	Identifies and appropriately manages simple intra-operative screw penetration, loss of reduction, and periprosthetic fracture
	• Identifies and properly manages associated ligamentous injuries (syndesmosis, collateral ligament) primarily
	• Demonstrates appropriate temporizing management of soft tissue defect (negative pressure wound therapy, antibiotic beads, etc.), and explains indications for plastic surgery consultation
	• Performs surgical debridement for early post-operative infection, and describes rationale for prosthetic retention/removal
	• Explains the indications for early amputation of mangled limb
	Describes a plan for management of infection associated with loss of fixation
	• Describes a plan for management of delayed union/nonunion/complex regional pain syndrome
	Recognizes own limitations and indications for temporizing measures and referral
	• Develops appropriate relationships that facilitate concurrent management of multiple issues
	Independently performs all core procedures listed in Level 3
	Surgically plans and assists with complicated procedures for these subspecialty cases:

	○ Clavicle fracture
	○ Hindfoot fracture
	 Midfoot dislocation
	 ○ Midfoot fracture
	 Nonunion/malunion fracture in the lower extremity
	 Nonunion/malunion in the upper extremity
	◦ Pelvis dislocation
	○ Pelvis fracture
	 Proximal humerus fracture
	 Proximal radius/ulna fracture
	○ Tibial pilon fracture
Level 5 Independently plans and performs	Independently applies multiplanar external fixator and understands principle of bone
complex procedures, including management of	transport
peri-operative complications	• Performs surgical approach, reduction and fixation of pelvic/acetabular fractures or
	vertebral fractures with neurological deficit
	• Demonstrates competence in percutaneous fixation of fractures, without assistance
	Capable of managing combined injuries (e.g., femoral neck and shaft)
	• Develops and executes a plan for surgical management of early loss of fixation
Independently performs critical steps of complex procedures	• Identifies and appropriately manages complex intra-operative complications (e.g., screw penetration, loss of reduction, periprosthetic fracture)
	Identifies and properly manages associated ligamentous injuries (syndesmosis, collateral ligament) in delayed presentation/reconstruction
	• Independently uses advanced reduction techniques (blocking screws, distraction devices, push/pull)
	• Executes staged reconstruction for unsalvageable post-operative infection
	• Executes a plan for management of nonunion fractures, including revision internal fixation
	and the use of bone graft
	Performs amputation in the setting of non-salvageable limb
Develops a plan an implements treatment of	Independently performs all core procedures listed in Level 4
complex complications	• Surgically plans and independently performs complicated procedures for subspecialty
	cases as listed in Level 4
Assessment Models or Tools	American Board of Orthopaedic Surgery (ABOS) Surgical Skills Assessment Tools for
	Core Procedures (Level 3) and Complicated Procedures (Level 4)
	Direct observation; procedural 360-degree evaluations
	Multisource feedback

	O Score (link in resources)
	Zwisch scale (link in resources)
Curriculum Mapping	
Notes or Resources	 American College of Surgeons. The language of progressive autonomy: Using the Zwisch scale for more than just assessment. https://www.facs.org/Education/Division-of-Education/Publications/RISE/articles/zwisch. 2021. Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i>. 2014;96:1135-1140. https://pubmed.ncbi.nlm.nih.gov/24990979/. 2021. Gofton WT, Dudek NL, Wood TJ, Balaa F, Hamstra SJ. The Ottawa Surgical Competency Operating Room Evaluation (O-SCORE): a tool to assess surgical competence. <i>Acad Med</i>. 2012;87(10):1401-1407. https://pubmed.ncbi.nlm.nih.gov/22914526/. 2021. Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in orthopaedics. <i>J Bone Joint Surg Am</i>. 2009;91A(12):2958-2967. https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc_surg_orthop. 2021. Operating room standards list/safe fluoroscopy list Textbook chapter for pre-operative planning

Patient Care 2: Operative Management of Soft Tissue Pathology Overall Intent: To perform core procedures for soft tissue pathology, including development of an operative plan and managing complications

Milestones	Examples
Level 1 Develops a simple surgical plan, with assistance	 Assesses patient for nerve entrapment and develops plan for simple carpal tunnel based on electromyography, with assistance
Demonstrates basic surgical skills (e.g., wound closure) and assists with procedures	• Closes skin of simple incision with appropriate precision and tissue handling using the appropriate soft tissue forceps
Identifies and reports simple complications	 Identifies wound dehiscence during wound check and reports appropriately
Level 2 Independently develops a simple surgical plan	• Develops plan for simple carpal tunnel based on electromyography to include tourniquet use and pat positioning and post-operative rehab
Performs surgical approach, with minimal assistance	 Performs the simple surgical release of primary carpal tunnel release
Manages simple complications	• Identifies wound dehiscence with infection that would include local wound care, a decision about antibiotics, and assesses the need for surgical debridement and repeat closure
	Plans core procedures listed in Level 3
	Performs surgical approach core procedures listed in Level 3
Level 3 Independently develops a surgical plan for core procedures that includes identification of potential challenges and technical complexities	• Develops plan for carpal tunnel that includes other nerve entrapments and possible triggers in diabetic patient with complicated medical problems, including post-operative rehabilitation
Performs critical steps of core procedures, with assistance	Performs carpal tunnel release independently
Identifies complex complications	 Identifies wound dehiscence in a diabetic patient that requires a return to the operating room
	 Performs critical steps of core procedures in: Achilles tendon repair Carpal tunnel release Patellar tendon repair

	 Quadriceps tendon repair
	○ Trigger finger release
Level 4 Independently develops a surgical plan for complex procedures, including contingencies for complications	 Develops plan for concomitant cubital tunnel and carpal tunnel syndrome to include contingencies for wound coverage
Independently performs core procedures; performs complex procedures, with assistance	• Performs nerve entrapment surgery for cubital tunnel with intra-operative assessment for possible transposition, with assistance
Develops a plan for managing complex complications	 Identifies large wound dehiscence with infection; develops a plan that includes debridement of infected tissue and role of antibiotics Recognizes patient failure to appropriately progress with evaluation for complex regional pain syndrome and intervention with rehabilitation
	 Independently performs all core procedures listed in Level 3 Surgically plans and assists with complicated procedures for these subspecialty cases: Ankle/foot ligament repair/reconstruction Ankle/foot tendon repair Benign soft tissue resection Distal biceps tendon repair Rotator cuff open repair Ulnar collateral ligament repair/reconstruction Ulnar nerve decompression Wrist/hand ligament repair/reconstruction
Level 5 Independently plans and performs complex procedures, including management of peri-operative complications	 Independently develops plan for tendon transfers for failed nerve return decompression Independently identifies large wound dehiscence with infection and performs debridement of infected tissue; discusses role of antibiotics and coordinates plastic surgery consultation Independently performs all core procedures listed in Level 4 Surgically plans and independently performs complicated procedures for subspecialty
Assessment Models or Tools	 cases as listed in Level 4 ABOS Surgical Skills Assessment Tools for Core Procedures (Level 3) and Complicated Procedures (Level 4) Direct observation; procedural 360-degree evaluations Multisource feedback. O Score (link in resources)

	Zwisch scale (link in resources)
Curriculum Mapping	
Curriculum Mapping Notes or Resources	 American College of Surgeons. The language of progressive autonomy: Using the Zwisch scale for more than just assessment. <u>https://www.facs.org/Education/Division-of-Education/Publications/RISE/articles/zwisch</u>. 2021. Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i>. 2014;96:1135-1140. <u>https://pubmed.ncbi.nlm.nih.gov/24990979/</u>. 2021. Gofton WT, Dudek NL, Wood TJ, Balaa F, Hamstra SJ. The Ottawa Surgical Competency Operating Room Evaluation (O-SCORE): a tool to assess surgical competence. <i>Acad Med</i>. 2012;87(10):1401-1407. <u>https://pubmed.ncbi.nlm.nih.gov/22914526/</u>. 2021. Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in orthopaedics. <i>J Bone Joint Surg Am</i>. 2009;91A(12):2958-2967. <u>https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc_surg_orthop</u>. 2021. Operating room standards list/safe fluoroscopy list

Patient Care 3: Operative Management of Degenerative, Infectious, and Neoplastic Conditions	
Overall Intent: To perform core procedures for degenerative, infectious, and neoplastic conditions, including development of an operative plan and managing complications	
Milestones	Examples
Level 1 Develops a simple surgical plan, with assistance	• With more senior resident supervision, develops a reconstruction plan such as total hip replacement for hip osteoarthritis
Demonstrates basic surgical skills (e.g., wound closure) and assists with procedures	 Closes wound with appropriate precision and tissue handling
Identifies and reports simple complications	 Identifies wound dehiscence during wound check and reports appropriately
Level 2 Independently develops a simple surgical plan	• Develops a reconstruction plan such as total hip replacement for hip osteoarthritis that includes patient positioning, surgical approach as appropriate for patient, and post-operative rehabilitation plans
Performs surgical approach, with minimal assistance	 Performs the surgical approach for a total hip replacement
Manages simple complications	 Identifies wound dehiscence at post-operative appointment and presents a treatment course including local wound care, a decision about antibiotics and assesses the need for surgical debridement
	 Plans core procedures listed in Level 3 Performs surgical approach core procedures listed in Level 3
Level 3 Independently develops a surgical plan for core procedures that includes identification of potential challenges and technical complexities	• Develops a reconstruction plan such as total hip replacement for hip osteoarthritis that includes different surgical approaches, templating of the reconstruction including alternative implants; includes a plan for post-operative care including pain management, weight bearing, and rehabilitation
Performs critical steps of core procedures, with assistance	 Performs the bony cuts, trials, cementing, and implantation
Identifies complex complications	 Identifies post-operative complications requiring operative revision such as periprosthetic fractures or dislocation, and develops a plan with appropriate recommendations for return to the operating room

	 Performs critical steps of core procedures in:
	 Below knee amputation
	 Primary total hip arthroplasty
	 Primary total knee arthroplasty
	○ Spine exposure
Level 4 Independently develops a surgical plan for complex procedures, including contingencies for complications	 Develops plan for reconstruction of hip osteoarthritis with congenital or degenerative deformity as well as contingency plans for alternative fixation and replacement techniques; anticipates wound complications, plans incisions to minimize
Independently performs core procedures; performs complex procedures, with assistance	 Independently performs total hip replacement without assistance Performs total hip replacement for hip arthritis with congenital or degenerative deformity using appropriate soft tissue balancing, implant positioning, and choice of implants with assistance of attending
Develops a plan for managing complex complications	• Identifies prosthetic hip infection; develops a plan that includes debridement of infected tissue, an exchange of poly and or implant, role of antibiotics, and plastic surgery consultation
	Independently performs all core procedures listed in Level 3
	 Surgically plans and assists with complicated procedures for subspecialty cases as listed below:
	 Neoplastic/infectious
	 Benign bone tumor curettage and grafting
	• Benign soft tissue resection
	• Biopsy of bone lesion
	• Biopsy of soft tissue lesion
	• Demonstrative
	 Metatarsal phalangeal fusion, great toe
	 Midfoot fusion
	 Multi-level spine fusion
	 Reverse shoulder arthroplasty
	 Revision total hip arthroplasty

	 Revision total knee arthroplasty
	○ Shoulder hemiarthroplasty
	○ Single-level spine fusion
	• Spinal decompression
	○ Subtalar fusion
	 Total shoulder arthroplasty
	• Wrist/hand bone procedure (e.g. fusion excision)
Level 5 Independently plans and performs	Develops a plan for reconstruction of the hip joint that is appropriately tailored to
complex procedures including management of	complex indications such as metastatic cancer, pelvic discontinuity, or severe dysplasia
neri-operative complications	 Independently performs revision total hin replacement
	Adapts implant choices alterations of leg length/offset, and surgical approaches to the
	indications for revision total hin arthronlasty as well as the needs of the individual
	nations for revision total hip artitioplasty as well as the needs of the individual
	 Identifies intra operative periprosthetic fractures and can perform appropriate fixation
	• Identifies inita-operative perprostitetic fractures and can perform appropriate fixation
	Independently performs all core procedures listed in Level 4
	Surgically plans and independently performs complicated procedures for subspecialty
	cases as listed in Level 4
Assessment Models or Tools	ABOS Surgical Skills Assessment Tools for Core Procedures (Level 3) and
	Complicated Procedures (Level 4)
	 Direct observation: procedural 360-degree evaluations
	Multisource feedback
	• O Score (link in recourses)
	• O Score (link in resources)
Curriculum Manning	
Curriculum Mapping	
Notes of Resources	• American College of Surgeons. The language of progressive autonomy: Using the Zwieck cools for more than just accomment, https://www.foos.org/Education/Division
	Zwisch scale for more than just assessment. <u>https://www.facs.org/Education/Division-</u>
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	Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication
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	https://pubmed.ncbi.nlm.nih.gov/24990979/. 2021.
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	orthopaedics. J Bone Joint Surg Am. 2009;91A(12):2958-2967.

https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc
surg_orthop. 2021.
 Operating room standards list/safe fluoroscopy list
Textbook chapter for preoperative planning

Patient Care 4: Operative Management of Arthroscopically Treated Conditions Overall Intent: To perform core arthroscopic procedures including development of an operative plan and managing complications

Milestones	Examples
Level 1 Develops a simple surgical plan, with assistance	• With the chief resident develops a plan for arthroscopic management of a knee injury with meniscal pathology, including diagnosis and treatment options
Demonstrates basic surgical skills (e.g., wound closure) and assists with procedures	 Describes knee arthroscopy portals and arthroscopic equipment
Identifies and reports simple complications	 Identifies surgical wound infections or post-operative septic joint during wound check and reports appropriately
Level 2 Independently develops a simple surgical plan	 Develops surgical plan for knee arthroscopy including meniscectomy versus meniscal repair independently and includes all steps including patient positioning, assessment of the arthroscopic findings, and post-op rehabilitation plans Develops an arthroscopic plan for meniscectomy independently and includes all steps, patient positioning, arthroscopic instruments, and post-operative plans
Performs surgical approach, with minimal assistance	 Performs the diagnostic knee arthroscopy with appropriate inspection of all compartments and probing of structures including all compartments of the knee and portal placement Performs arthroscopic portal placement and camera insertion for meniscectomy with awareness to protect articular cartilage during insertion of camera
Manages simple complications	 Identifies wound infection at post-operative appointment and presents a treatment course that would include local wound care, a decision about antibiotics and assesses the need for surgical debridement Identifies portal incision compromise at post-operative appointment and presents a treatment plan including local wound care, cultures, a decision about antibiotics and possible joint sepsis requiring surgical lavage and debridement Plans core procedures listed in Level 3
	 Performs surgical approach core procedures listed in Level 3
Level 3 Independently develops a surgical plan for core procedures that includes identification of potential challenges and technical complexities	 Develops a plan for knee arthroscopy with meniscectomy versus meniscal repair including location of tear, size of tear, equipment needed for repair with plans for steps of both procedures

Performs critical steps of core procedures, with assistance	 Includes a plan for post-operative care including immobilization, weight bearing, and rehabilitation
Identifies complex complications	 Performs the diagnostic knee arthroscopy including portal placement; assesses meniscal pathology to determine treatment choice, performs simple meniscectomy Performs meniscectomy after probing and efficient use of basket forceps and shaver
	 Identifies complications from meniscectomy and changes needed for post-operative rehabilitation Identifies red zene injunt or meniscel rest injunt for potential repair and epprepriate
	recommendations, and performs critical steps of core meniscectomy procedure
	 Performs critical steps of core procedures in: Anterior cruciate ligament (ACL) reconstruction Arthroscopic meniscectomy
	• Simple shoulder arthroscopy (e.g., debridement, subacromial decompression)
Level 4 Independently develops a surgical plan for complex procedures, including contingencies for complications	 Develops plans for surgical treatment of meniscal pathology in association with other knee pathology including single or multi-ligament knee injury with tearing medial and lateral menisci and correlates the need for potential meniscectomy versus repair Plans and performs approach to multi-ligament knee reconstruction with assistance of attending
Independently performs core procedures; performs complex procedures, with assistance	Independently performs diagnostic arthroscopy, meniscectomy, and ACL reconstruction
Develops a plan for managing complex complications	 Identifies large wound dehiscence with infection; develops a plan including debridement of infected tissue, the role of antibiotics, and a plastic surgery consultation Identifies potential surgical site infection, and develops a plan for arthroscopic lavage, synovectomy, and appropriate antibiotics with infectious diseases consult; correlates suspected deep-vein thrombosis (DVT) with appropriate studies and treatments
	 Independently performs all core procedures listed in Level 3 Surgically plans and assists with complicated procedures for subspecialty cases as listed below:
	 Advanced shoulder arthroscopy (e.g., capsulorrhaphy, labral repair) Ankle arthroscopy
	○ Hip arthroscopy

	• Lateral collateral ligament (LCL)/medial collateral ligament (MCL), posterior cruciate
	ligament (PCL) repair/reconstruction
	○ Meniscal repair
	Rotator cuff arthroscopic repair
Level 5 Independently plans and performs	Independently plans and performs multi-ligament knee injury surgical treatment
complex procedures, including management of	Performs meniscoplasty and root repair
peri-operative complications	Identifies large wound dehiscence with infection and can perform debridement of
	infected tissue, identify role of antibiotics, and coordinates infectious disease
	consultation
	• Identifies and performs arthroscopic debridement of septic knee post-meniscectomy,
	arranges infectious disease consult for antibiotic coverage
	Independently performs all core procedures listed in Level 4
	• Surgically plans and independently performs complicated procedures for subspecialty
	cases as listed in Level 4
Assessment Models or Tools	ABOS Surgical Skills Assessment Tools for Core Procedures (Level 3) and
	Complicated Procedures (Level 4)
	Direct observation; procedural 360-degree evaluations
	Multisource feedback
	O Score (link in resources)
	• Zwisch scale (link in resources)
Curriculum Mapping	
Notes or Resources	• American College of Surgeons. The language of progressive autonomy: Using the
	Zwisch scale for more than just assessment. https://www.facs.org/Education/Division-
	of-Education/Publications/RISE/articles/zwisch. 2021.
	Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication
	prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i> . 2014;96:1135-1140.
	https://pubmed.ncbi.nlm.nih.gov/24990979/. 2021.
	Gofton WT, Dudek NL, Wood TJ, Balaa F, Hamstra SJ. The Ottawa Surgical
	Competency Operating Room Evaluation (O-SCORE): a tool to assess surgical
	competence. <i>Acad Med</i> . 2012;87(10):1401-1407.
	https://pubmed.ncbi.nlm.nih.gov/22914526/. 2021.
	Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in
	orthopaedics. J Bone Joint Surg Am. 2009;91A(12):2958-2967.
	https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc
	surg_orthop. 2021.
	Operating room standards list/safe fluoroscopy list

• Textbook chapter for pre-operative planning

Patient Care 5: Operative Management of Pediatric Conditions	
Overall Intent: To perform core pediatric procedures including development of an operative plan and managing complications	
Milesteres	Evenules
Milestones	
Level 1 Develops a simple surgical plan, with	• with the chief resident, develops a treatment plan that decides between closed versus
assistance	open treatment of a mid-diaphyseal femur fracture
Demonstrates basic surgical skills (e.g. wound	Closes wound with appropriate precision and tissue handling
closure) and assists with procedures	• Appropriately positions and preps and drapes patient for routine procedures
	• Appropriately positions and preps and drapes patient for routine procedures
Identifies and reports simple complications	 Identifies post-operative nerve palsy and reports appropriately
	Identifies wound dehiscence during wound check and reports appropriately
Level 2 Independently develops a simple	• Develops a surgical fixation plan for a simple transverse mid-diaphyseal femur fracture
surgical plan	independently and includes all steps including patient positioning, recognizes fracture
.	patterns that may lead to a more complex procedure, and post-operative rehabilitation
	including weight-bearing status and need for immobilization
Performs surgical approach, with minimal	 Performs the surgical approach for flexible intramedullary nail fixation and recognizes
assistance	the need for additional fracture reduction during the procedure
Manages simple complications	Identifies post-operative nerve palsy and recommends changes in post-operative
	renabilitation plans
	• Identifies wound deniscence at post-operative appointment and presents a treatment
	course that would include local wound care, a decision about antibiotics, and assess the
	need for surgical depindement and repeat closure
	Plans core procedures listed in Level 3
	Performs surgical approach core procedures listed in Level 3
Level 3 Independently develops a surgical plan	Develops a comprehensive plan for fixation of a comminuted mid-diaphyseal femur
for core procedures that includes identification of	fracture with templating of the fracture fixation choices including alternative implants, if
potential challenges and technical complexities	needed: includes a plan for post-operative care including immobilization, weight
	bearing, and rehabilitation
Performs critical steps of core procedures, with	• Performs the minimally invasive approach for lateral entry intramedullary nail fixation,
assistance	fracture reduction, and implant placement with safe and efficient use of fluoroscopy
	 Positions, preps, and drapes patient with a femoral shaft fracture on a fracture operating
	room table for intramedullary femoral nail insertion

Identifies complex complications	 Identifies deep wound infection and recommends treatment including return to the operating room for debridement Recognizes failure of fixation and develops a plan for revision fixation with assistance
	 Performs critical steps of core procedures in: Ankle/distal tibia fracture Excision of small benign soft tissue mass Manipulation and splinting of simple two-bone forearm fracture
Level 4 Independently develops a surgical plan	Application of hip spica cast
for complex procedures, including contingencies for complications	• Develops plan for minimally invasive plate fixation of highly comminuted mid-diaphyseal femur fracture and contingency plans for alternative fixation techniques; plans the use of reduction aids such as the F-tool or need for open reduction; anticipates wound complications and plans incisions to minimize devascularization of fracture fragments
Independently performs core procedures; performs complex procedures, with assistance	• Independently performs minimally invasive plate fixation of a comminuted femur fracture without assistance
Develops a plan for managing complex complications	 Identifies deep infection; develops a plan that includes debridement of infected tissue and the role of antibiotics Recognizes failure of fixation, independently develops plan for revision of the fixation and performs revision surgery with assistance
	 Independently performs all core procedures listed in Level 3 Surgically plans and assists with complicated procedures for subspecialty cases as listed below:
	 Ankle tendon lengthening Epiphysiodesis Femoral osteotomy
	 ○ Hip arthrotomy/drainage ○ Hip tenden lengthening
	\circ Knee tendon lengthening
	◦ Pelvic osteotomy
	 Slipped capital femoral epiphysis
Level 5 Independently plans and performs	 Independently performs revision surgery for failed fixation after treatment of mid-
complex procedures, including management of	diaphyseal femur fracture
peri-operative complications	

	 Identifies deep infection; develops and carries out a comprehensive treatment plan including performing debridement of infected tissue, identifying role of antibiotics, and coordinating consultations, as needed Independently performs all core procedures listed in Level 4 Surgically plans and independently performs complicated procedures for subspecialty cases as listed in Level 4
Assessment Models or Tools	 ABOS Surgical Skills Assessment Tools for Core Procedures (Level 3) and Complicated Procedures (Level 4) Direct observation; procedural 360-degree evaluations Multisource feedback O Score (link in resources) Zwisch scale (link in resources)
Curriculum Mapping	
Notes or Resources	 American College of Surgeons. The language of progressive autonomy: Using the Zwisch scale for more than just assessment. https://www.facs.org/Education/Division-of-Education/Publications/RISE/articles/zwisch. 2021. Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i>. 2014;96:1135-1140. https://pubmed.ncbi.nlm.nih.gov/24990979/. 2021. Gofton WT, Dudek NL, Wood TJ, Balaa F, Hamstra SJ. The Ottawa Surgical Competency Operating Room Evaluation (O-SCORE): a tool to assess surgical competence. <i>Acad Med</i>. 2012;87(10):1401-1407. https://pubmed.ncbi.nlm.nih.gov/22914526/. 2021. Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in orthopaedics. <i>J Bone Joint Surg Am</i>. 2009;91A(12):2958-2967. https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc_surg_orthop. 2021. Operating room standards list/safe fluoroscopy list Textbook chapter for pre-operative planning

Patient Care 6: Evaluation and Management of the Adult Orthopaedic Patient	
Overall Intent: To evaluate and manage a patient with operative and non-operative orthopaedic conditions	
Milestones	Examples
Level 1 Obtains a patient history, performs a physical examination and develops a differential diagnosis for patients across clinical settings	Demonstrates a basic triage musculoskeletal exam in an orthopaedic patient
Manages patients with straightforward conditions, with direct supervision (e.g., fracture, arthritis)	 Appropriately assesses, coordinates, and initiates care for a fall patient with a wrist fracture including stabilization
Recognizes and initiates work-up of emergent conditions (e.g. compartment syndrome, dysvascular limb, cauda equina syndrome)	 Understands common complications from a fractured wrist (e.g., acute carpal tunnel syndrome, associated scapholunate ligament injuries, edema blisters, compartment syndrome)
Level 2 Orders and interprets diagnostic testing and consultations based on patient evaluation	 Orders appropriate testing (e.g., x-rays for a wrist fracture by clinical exam; can apply a Frykman classification and arrange care)
Manages patients with straightforward conditions, with indirect supervision	• Arranges coordination of care plan for a Colles fracture patient (e.g., obtains permit, sedation, and radiographic c-arm, and splinting for an emergency room patient)
Formulates and executes a stabilization plan for emergent conditions	 Diagnoses and coordinates care (e.g., for acute carpal tunnel in a wrist fracture patient includes, explains situation, obtains permit, coordinates surgical intervention, and post- operative care)
Level 3 Synthesizes a plan to manage healthy patients with straightforward conditions, including operative and non-operative options	 Correlates a plan for acute back pain following injury including diagnostic testing, nonsteroidal anti-inflammatory drugs (NSAIDS), physical therapy, pain modification strategies, and follow-up evaluations
Independently manages patients and adapts management plan for changing clinical situation	• Correlates magnetic resonance imaging (MRI) findings for a herniated disc to physical exam findings, and institutes pain management plans for radicular pain
Triages management of multiple emergent conditions	 Arranges radiographic studies that correlate with acute cauda equina syndrome (e.g., on a motor vehicle accident physical exam, notifies spine team and arranges surgical care)
Level 4 Synthesizes a comprehensive plan to manage patients with complex conditions and comorbidities	 Coordinates a medical/ surgical care of a septic total knee arthroplasty (e.g., with a urinary tract infection, diabetes mellitus, or obesity)

Leads an orthopaedic team in the management of patients with complex conditions (e.g., periprosthetic femur fractures in the setting of osteoporosis and medical comorbidities, complex elbow instability in the obese patient)	 Arranges consults for infectious disease, hospitalist, and other disciplines as needed for multi-system disease failure in a septicemia and multi-infected joint patient
Leads an orthopaedic team in the management of emergent conditions (e.g., polytrauma)	• Coordinates available care for a motor vehicle accident patient with pelvis, long bone, and abdominal injuries, including initial fracture stabilization, interventional radiology for selective embolization and monitoring labs for blood loss, second hits, and clinical exams for limb compromise
Level 5 Develops a clinical pathway or guideline	• Executes a fragility fracture patient care pathway for post hospital care (e.g., screening for
for the management of patients based on	osteoporosis includes, labs, bone density, medication initiation, fall preventive therapy,
demonstrated clinical expertise	and home modifications and family support)
Leads a multidisciplinary team in the management of patients with complex conditions	
Assessment Models or Tools	Direct observation
	Multisource feedback
Curriculum Mapping	•
Notes or Resources	 Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i>. 2014;96:1135-1140. <u>https://pubmed.ncbi.nlm.nih.gov/24990979/</u>. 2021. Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in orthopaedics. <i>J Bone Joint Surg Am</i>. 2009;91A(12):2958-2967. <u>https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan_fhs_mc_surg_orthop</u>. 2021. Operating room standards list/safe fluoroscopy list Textbook chapter for preoperative planning

Patient Care 7: Evaluation and Management of the Pediatric Orthopaedic Patient Overall Intent: To evaluate and manage a pediatric patient with operative and non-operative orthopaedic conditions

Milestones	Examples
Level 1 Obtains a patient history, performs a physical examination and develops a differential diagnosis for patients across clinical settings	 Demonstrates a basic musculoskeletal exam in a pediatric orthopaedic patient in a with elbow pain after a fall
Manages patients with straightforward conditions, with direct supervision (e.g., fracture, arthritis)	 Appropriately assesses, coordinates and initiates care for a pediatric patient with a nondisplaced supracondylar humerus fracture
Recognizes and initiates work-up of emergent conditions (e.g. compartment syndrome, dysvascular limb, cauda equina syndrome)	 Recognizes common emergent conditions from a supracondylar humerus fracture (e.g., neurological and vascular compromise, compartment syndrome)
Level 2 Orders and interprets diagnostic testing and consultations based on patient evaluation	• Orders appropriate testing (e.g., x-rays for an elbow injury fracture by clinical exam and can accurately describe the radiographic findings)
Manages patients with straightforward conditions, with indirect supervision	• Coordination of care plan for a patient with a supracondylar humerus fractur that includes immobilizing the arm that does not require a reduction; recommends appropriate next steps that includes timely follow-up
Formulates and executes a stabilization plan for emergent conditions	 Recognizes a dysvascular limb and knows how to position the arm to attempt to improve perfusion
Level 3 Synthesizes a plan to manage healthy patients with straightforward conditions, including operative and non-operative options	 Understand the criteria used to recommend operative or non-operative treatment for a Type II supracondylar humerus fracture
Independently manages patients and adapts management plan for changing clinical situation	• Recognizes fracture fragment displacement on follow-up imaging and develops plan that includes decision making about the next steps in treatment (i.e., conversion from non-operative to operative treatment)
Triages management of multiple emergent conditions	• Evaluates a child with multiple injuries and prioritizes next steps in evaluation and management, e.g., a child with a supracondylar humerus fracture with evolving compartment syndrome and a shortened, diaphyseal femur fracture

Level 4 Synthesizes a comprehensive plan to manage patients with complex conditions and comorbidities	 Coordinates a medical/surgical care of a pediatric femur fracture in a patient with cerebral palsy and respiratory compromise
Leads an orthopaedic team in the management of patients with complex conditions (e.g., persistent spine infection after pedicle screw instrumentation in a malnourished patient)	 Arranges consults for pediatric hospitalists, pulmonology, respiratory therapy, and physical therapy as needed for a pediatric patient with a femur fracture, cerebral palsy, and respiratory compromise
Leads an orthopaedic team in the management of emergent conditions (e.g., polytrauma)	 Coordinates care for a pediatric patient with pelvis, long bone, and abdominal injuries, including initial fracture stabilization, monitoring for compartment syndrome, and monitoring labs for blood loss, second hits, and clinical exams for limb compromise
Level 5 Develops a clinical pathway or guideline for the management of patients based on demonstrated clinical expertise	 Develops a patient care pathway for the hospital care in the setting of scoliosis surgery (e.g., labs, pain management, physical therapy, home modifications, and family support)
Leads a multidisciplinary team in the management of patients with complex conditions	 Leads the multidisciplinary team's care of a pediatric patient with a femur fracture, cerebral palsy and respiratory compromise that includes consulting pediatricians, pulmonology, respiratory therapy, and physical therapy
Assessment Models or Tools	 Direct observation Multisource feedback
Curriculum Mapping	•
Notes or Resources	 Bonnaig N, Dailey S, Archdeacon M. Proper patient positioning and complication prevention in orthopaedic surgery. <i>J Bone Joint Surg Am</i>. 2014;96:1135-1140. https://pubmed.ncbi.nlm.nih.gov/24990979/. 2021. Noordin S, McEwen JA, Kragh JF, Aiesen E, Masri BA. Surgical tourniquets in orthopaedics. <i>J Bone Joint Surg Am</i>. 2009;91A(12):2958-2967. https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1017&context=pakistan fhs mc s urg orthop. 2021. Operating Room standards list/safe fluoro list Textbook chapter for pre-operative planning

Medical Knowledge 1: Orthopaedic Clinical Reasoning and Decision Making

 Overall Intent: To analyze and synthesize medical knowledge to apply critical reasoning to clinical decision making, appropriately prioritizing diagnoses and using diagnostic tests

 Milestones
 Examples

 Level 1 Articulates a methodology for clinical
 Presents a patient complaining of knee pain, including relevant musculoskeletal

reasoning	 symptoms and activity history after interviewing the patient Investigates medical record for ancillary treatments including physical and/or occupational therapies, bracing, injections
Identifies resources to direct clinical decisions	Orders appropriate basic imaging studies for the involved knee
Level 2 Demonstrates clinical reasoning to determine treatment goals	 Prioritizes common-to-rare differential diagnoses for knee pain relevant to patient history Interprets plain radiographs to determine presence of acute and/or chronic conditions
Selects and prioritizes relevant resources based on scenario to inform decisions	 Relates the potential findings seen on plain radiographs (e.g., fracture, subchondral sclerosis, malalignment) Orders indicated advanced imaging studies and relates the potential findings noted on MRI for an ACL injury Applies the appropriate use criteria to an individual patient
Level 3 Synthesizes information to make clinical decisions for straightforward conditions	 Prioritizes a broad differential diagnosis for the presentation of knee pain to include hip and spine pathology, infection, and inflammatory etiologies Orders appropriate adjunct plain radiographs (e.g., hip, hip-to-knee, weight bearing) to inform comprehensive diagnosis
Integrates evidence-based information to inform diagnostic decision making for straightforward conditions	 Describes the appropriate clinical practice guidelines to guide non-operative and surgical decision making for knee pathology Uses the clinical and radiological findings to make a preliminary diagnosis of ligamentous knee injury and a preliminary treatment plan
Level 4 Efficiently synthesizes information and integrates reflection to make clinical decisions for complex conditions	 Adjusts surgical plan to incorporate treatment of malalignment and chondral, meniscal injuries Considers patient factors in timing and reconstruction options for an ACL injury
Integrates evidence-based information to inform diagnostic decision making for complex conditions	 Incorporates clinical practice guidelines into clinical/radiologic findings to develop a comprehensive surgical and rehabilitation plan Uses current evidence and other resources to decide most appropriate ACL graft
Level 5 Incorporates clinical reasoning to improve care pathways	• Demonstrates knowledge of the interlinked effects of biologic materials, surgical treatment and rehabilitation protocols and applies them to appropriate patient populations and specific patient needs

•••	
Assessment Models or Tools • Ca	ase-based discussions
• Mt	ultisource feedback
• Me	edical record (chart) audit
• Pr	receptor encounters
• Re	eflection
Curriculum Mapping •	
Notes or Resources	oskerry P. Achieving quality in clinical decision making: Cognitive strategies and etection of bias. <i>Academic Emergency Medicine</i> . 2002;9(11):1184-1204. tps://onlinelibrary.wiley.com/doi/abs/10.1197/aemj.9.11.1184?sid=nlm%3Apubmed. 221. edrick TL, Young JS. The use of "war games" to enhance high-risk clinical decision- aking in students and residents. <i>The American Journal of Surgery</i> . 2008;195(6):843- 19. <u>https://pubmed.ncbi.nlm.nih.gov/18440485/</u> . 2021. umbert AJ, Besinger B, Miech Ej. Assessing clinical reasoning skills in scenarios of neertainty: convergent validity for a Script Concordance Test in an emergency medicine erkship and residency. <i>Acad Emerg Med</i> . 2011;18(6):627-634. tps://onlinelibrary.wiley.com/doi/full/10.1111/j.1553-2712.2011.01084.x. 2021. orman GR, Monteiro SD, Sherbino J, Ilgen JS, Schmidt HG, Mamede S. The causes of rors in clinical reasoning: Cognitive biases, knowledge deficits, and dual process inking. <i>Acad Med</i> . 2017;92(1):23-30. tps://journals.lww.com/academicmedicine/Fulltext/2017/01000/The Causes of Errors i Clinical Reasoning .13.aspx. 2021. byce CS, Hayes MM, Schwartzstein RM. Teaching critical thinking: a case for instruction cognitive biases to reduce diagnostic errors and improve patient safety. <i>Acad Med</i> . 019;94(2):187-194. tps://journals.lww.com/academicmedicine/Fulltext/2019/02000/Teaching Critical Thinki

Medical Knowledge 2: Anatomy and Physiology of Musculoskeletal Conditions

Overall Intent: To apply knowledge of pathoanatomy and pathophysiology to treatment options

Milestones	Examples
Level 1 Identifies anatomy and pathophysiology	• Identifies basic rotator cuff anatomy muscle group, the acromion types, radiographic bony
of straightforward conditions	anatomy, and the corresponding association with impingement syndrome
	Identifies basic knee arthropathy causes, and correlates radiographic description findings
Level 2 Demonstrates knowledge of	• Understands extrinsic causes, intrinsic supraspinatus degeneration, and the continuum of
pathoanatomy, disease classification systems,	rotator cuff disease progression from bursitis to end stage cuff arthropathy
and natural history for straightforward conditions	Understands inflammatory and non-inflammatory knee arthropathy, and correlates
	radiographic classifications to physical findings
Level 3 Applies knowledge of pathoanatomy	• Understands the conservative approach of NSAIDS, corticosteroid injections, and physical
and pathophysiology to explain the effects of	therapy on straigntforward impingement syndrome, partial acute versus chronic rotator
surgical or non-surgical treatment on patient	cult tears versus arthroscopic subacromial treatment
outcomes for straightforward conditions	Oses conservative options such as Tylenol, NSAIDS, or other non-option medicines for relief, and uses physical thereasy for strengthening and gait disturbeness understands the
	relief, and uses physical therapy for strengthening and gait disturbance, understands the
	appropriate lobe for inflormetory arthropathy differential diagnosis; correlates the
	rediographic findings, clinical even with a primary total know reconstruction plan
Loval A Applies comprehensive knowledge of	Inderstands burget vorsus articular sided suff toars, partial vorsus full thickness
natheonatomy and natheonly sieledy to treatment	• Onderstands bursal versus anticular sided cull teals, partial versus full-inickness
ontions and nations outcomes for complex	rebabilitation, and the long-term outcome for rotator cuff repairs.
conditions	• Understands types of wear and various material wear characteristics radiographic bony
contations	classification for wear and can correlate treatment options for bony structural defects
	Understands cuff progression treatments from conservative to end-stage, and progression
	of treatment options from physical therapy, arthroscopic and open repairs of tears, and
	superior capsular reconstructions latissimus transfers, and reverse total shoulders
	options
Level 5 Contributes to peer-reviewed literature	• Performs research and has complex understanding of the relationship between new
on the varying patterns of disease presentation,	technology and treatment knowledge for the advancement of shoulder and knee
natural history, and treatment options	knowledge
Assessment Models or Tools	Direct observation
	Radiographic and MRI interpretations
Curriculum Mapping	•
Notes or Resources	Neer Impingement Test / Hawkins Test

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)		
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,		
families, and health care professionals; to condu	uct a QI project	
Milestones	Examples	
Level 1 Demonstrates knowledge of common patient safety events	 Lists patient misidentification or medication errors as common patient safety events Identifies pain medication safety issues when cross referencing patient medications 	
Demonstrates knowledge of how to report patient safety events	 Reports lack of implementation of identifier (e.g., non-slip socks) or room door sign in geriatric patient population at risk for falls 	
	 Describes how to report errors in the local clinical environment 	
	 Knows the systems process for communicating potential medication errors 	
Demonstrates knowledge of basic quality	 Summarizes protocols resulting in fall reduction Summarizes common home issues to mitigate fall issues such as room carpets and grab. 	
improvement methodologies and methos	hars	
Level 2 Identifies system factors that lead to patient safety events	 Identifies geriatric patient characteristics contributing to fall risk 	
Reports patient safety events through institutional reporting systems (simulated or actual)	 Can correctly apply a Plan Do Study Act (PDSA) QI project to help eliminate narcotic dependency in a trauma-injured patient 	
Describes local quality improvement initiatives	Describes root cause analysis process	
Level 3 Participates in analysis of patient safety events (simulated or actual)	Prepares for morbidity and mortality (M and M) presentations	
Participates in disclosure of patient safety events to patients and families (simulated or actual)	• Communicates, under supervision, with patients/families about a medication error	
Participates in local quality improvement initiatives	 Participates in protocol with risk management to disclose medication errors 	
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	 Collaborates with a team to conduct the analysis of fall occurrences and can effectively communicate with patients/families about those events 	

Discloses patient safety events to patients and families (simulated or actual)	
Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	 Participates in a QI project to decrease frequency of falls within the practice
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	 Assumes a leadership role at the departmental or institutional level for patient safety
Role models or mentors others in the disclosure of patient safety events	 Conducts a simulation for disclosing patient safety events
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	 Recognizes the need for and completes a QI project to decrease fall risk in the geriatric population in collaboration with the county health department and shares results with stakeholders
Assessment Models or Tools	Direct observation
	E-module multiple choice tests
	Hospital safety report audit
	Multisource reedback Presentations (M and M, OI)
	Reflection
	• Simulation
Curriculum Mapping	
Notes or Resources	Institute of Healthcare Improvement, http://www.ihi.org/Pages/default.aspx , 2021.

Systems-Based Practice 2: S	System Navigation for Patient-Centered Care	
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Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to a specific patient population to ensure high-quality patient outcomes

Milestones	Examples
Level 1 Demonstrates knowledge of care	 Identifies the primary care provider for a geriatric patient with a hip fracture home health
coordination	nurse, physical therapist, and social workers as members of the team
Identifies key elements for safe and effective	• Lists follow-up of labs, testing, new medications, and consults as essential components of
transitions of care and hand-offs	a sign-out
Level 2 Coordinates care of patients in routine	• Coordinates transition of care with rehabilitation facility at the time of discharge from the
clinical situations effectively using the roles of	hospital
the interprofessional teams	
Desferme este and effective transitions of	
Performs safe and effective transitions of	Uses a systematic institutional process during routine sign-out
care/nand-ons in straightforward clinical	
Siludions	Coordinates complex care with the social worker for a homeless nationt to ansure
clinical situations effectively using the roles of	Coordinates complex care with the social worker for a nomeless patient to ensure appropriate medical after care
their interprofessional teams	appropriate medical alter-care
Performs safe and effective transitions of	• Uses institutional protocol when transferring a complex patient to the intensive care unit
care/hand-offs in complex clinical situations	(ICU)
Level 4 Role models effective coordination of	Leads team members during inpatient rotations in appropriate consultation with care
patient-centered care among multidisciplinary	coordination in disposition of homeless patient with mobility impairment
teams	
Role models and advocates for safe and	 Plans for cross-coverage in case of unanticipated absence of a team member
effective transitions of care/hand-offs	
Level 5 Analyzes the process of care	• Leads a community outreach program to design and implement a geriatric fall risk
coordination and leads in the design and	reduction plan
Implementation of Improvements	
Improves quality of transitions of care within and	Develops a protocol (care pathways for various orthonoodia conditions) to improve
across health care delivery systems to optimize	transitions to long term care facilities
natient outcomes	
Assessment Models or Tools	Direct observation
	Multisource feedback
Assessment Models or Tools	Direct observation Multisource feedback

	 Objective structured clinical examination (OSCE) Quality metrics and goals mined from electronic health records (EHR) Review of sign-out tools, use and review of checklists
Curriculum Mapping	
Notes or Resources	 Centers for Disease Control. Population health training. <u>https://www.cdc.gov/pophealthtraining/whatis.html</u>. 2021. Hospitals in Pursuit of Excellence. Preventing Patient Falls: A Systematic Approach from the Joint Commission Center for Transforming Healthcare Project. <u>http://www.hpoe.org/Reports-HPOE/2016/preventing-patient-falls.pdf</u>. 2021. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan JM, Gonzalo JD. AMA Education Consortium: Health Systems Science. 1st ed. Philadelphia, PA: Elsevier; 2016. <u>https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003</u>. 2021.

Systems-Based Practice 3: Physician Role in Health Care Systems

Overall Intent: To understand the physician's role in the complex health care system and how to operate effectively within the system to improve patient care

Milestones	Examples
Level 1 Describes basic health payment	 Articulates the differences between home care, skilled nursing, and long-term care
systems, including government, private, public,	facilities
and uninsured care as well as different practice	 Takes into consideration patient's prescription drug coverage when recommending
models	medical treatment of osteoarthritis
Level 2 Describes how working within the health	Identifies coding requirements for clinical documentation
care system impacts patient care, including	• Explains that improving patient satisfaction potentially improves patient compliance
billing and coding	• Recognizes that appropriate comorbidity documentation can influence the severity of
	Intess determination upon discharge
	patients
Level 3 Analyzes how personal practice affects	 Ensures compliance with care pathways to optimize length of stay
the system (e.g., length of stay, readmission rates, clinical efficiency)	 Understands the role of patient education in decreasing readmission rates
Level 4 Uses shared decision making in patient	• Ensures proper documentation of qualifying hospital stay prior to discharging a patient to
care, taking into consideration costs to the	a skilled nursing facility for physical therapy
patient	 Works collaboratively to improve patient assistance resources for a patient with a recent amputation and limited resources
	 Tailors treatment decisions to patient resources/insurance status (e.g., prescribing a brace versus applying a splint)
Level 5 Participates in advocacy activities for	Works with community or professional organizations to advocate for playground
health policy	equipment safety measures
	 Improves informed consent process for non-English-speaking patients requiring
	interpreter services
	 Performs clinical research that effects health care disparities
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Patient satisfaction data
	Portfolio
Curriculum Mapping	
Notes or Resources	 Agency for Healthcare Research and Quality (AHRQ). Measuring the quality of physician care. https://www.ahrq.gov/talkingguality/measures/setting/physician/index.html. 2021.
	AHRQ. Major physician Measurement Sets. <u>https://www.ahrq.gov/professionals/quality-</u>
	patient-safety/talkingquality/create/physician/measurementsets.html. 2021.

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Priorities from a National Academy of Medicine initiative. <i>JAMA</i> . 2017;317(14):1461-1470.
https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-
of-medicine-initiative/. 2021.
The Commonwealth Fund. Health system data center.
http://datacenter.commonwealthfund.org/? ga=2.110888517.1505146611.1495417431-
<u>1811932185.1495417431#ind=1/sc=1. 2021.</u>
The Kaiser Family Foundation. <u>www.kff.org</u> . 2021.
• The Kaiser Family Foundation. Health reform. https://www.kff.org/topic/health-reform/.
2021.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice

Overall Intent: To incorporate evidence and patient values into clinical practice

Milestones	Examples
Level 1 Demonstrates how to access and use available evidence, and incorporate patient preferences and values in order to take care of a straightforward condition	 Compares evidence-based guidelines and literature review for treatment of a femoral neck fracture to patient's preference for treatment while communicating and understanding options
Level 2 Articulates clinical questions and elicits patient preferences and values in order to guide evidence-based care	 Identifies and discusses potential evidence-based treatment options for a patient with a displaced femoral neck fracture and solicits patient perspective on activity level and needs
Level 3 Locates and applies the best available evidence, integrated with patient preference, to the care of complex conditions	 Obtains, discusses, and applies evidence for the treatment of a patient with a displaced femoral neck fracture and co-existing diabetes and coronary artery disease Understands and appropriately uses clinical practice guidelines in making patient care decisions while eliciting patient preferences for operative versus non-operative treatment
Level 4 <i>Critically appraises and applies</i> <i>evidence even in the face of uncertainty and</i> <i>conflicting evidence to guide care, tailored to the</i> <i>individual patient</i>	 Accesses the primary literature to identify alternative treatments for a displaced femoral neck fracture based on bone quality. (e.g., internal fixation versus cemented versus cementless hemiarthropalsty versus total hip arthroplasty)
Level 5 Coaches others to critically appraise and apply evidence for complex conditions; and/or participates in the development of guidelines	 Leads clinical discussion on application of evidence-based practice for treatment of displaced femoral neck fractures Develops a fall prevention pathway to reduce incidence of in-hospital falls as part of a multidisciplinary team
Assessment Models or Tools	 Core conference participation Direct observation Oral or written examinations Presentation evaluation
Curriculum Mapping	
Notes or Resources	 AO Foundation surgery reference. (national organization guidelines, e.g., American Osteopathic Association, American Academy of Orthopaedic Surgeons) <u>https://surgeryreference.aofoundation.org/orthopedic-trauma/adult-trauma/proximal-femur/femoral-neck-fracture-subcapital-displaced</u>. 2021. Orthopaedic Trauma Association (OTA). Femoral neck fractures. <u>https://ota.org/sites/files/2018-08/L02-Femoral%20Neck%20Fractures.pdf</u>. 2021. Various journals (<i>Journal of the American Academy of Orthopaedic Surgeons, Journal of Orthopaedic Trauma, Journal of Arthroplasty</i>)

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth	
Overall Intent: To seek clinical performance information with the intent to improve care; reflects on all domains of practice, personal	
interactions, and benaviors, and their impact on	colleagues and patients (reflective mindfulness); develop clear objectives and goals for
Milestones	Examples
Lovel 1 Accents responsibility for personal and	Sets a study plan for the Orthonaedic In Training Exam (OITE)
professional development by establishing goals	Reflects on feedback from nations care team members
professional development by establishing goals	• Reflects of feedback from patient care team members
Identifies the strengths, deficiencies and	Identifies gaps in knowledge
limitations in one's knowledge and expertise	
Level 2 Demonstrates openness to feedback	Integrates and responds to feedback to adjust clinical performance
and other input in order to inform goals	
Analyzes and reflects on the strengths,	• Assesses time management skills and how it impacts timely completion of clinic notes and
deficiencies and limitations in one's knowledge	literature reviews
and expertise to design a learning plan, with	• Develops individual education plan to improve study skills and knowledge base, with
assistance	assistance
Level 3 Responds to feedback and other input	 Uses feedback to modify personal professional development goals
episodically, with adaptability, and humility	
Creates and implements a learning plan to	• Creates a comprehensive personal surrisulum to improve education, including menitoring
ontimize educational and professional	and accountability for a study plan
development	and accountability for a study plan
Level 4 Actively seeks feedback and other input	Asks for feedback from peers, faculty members, and ancillary team members
with adaptability, and humility	- Toko for foodback nom poolo, fabally monipolo, and anomaly toam monipolo
Uses ongoing reflection, feedback, and other	• Debriefs with the attending and other patient care team members after patient encounter
input to measure the effectiveness of the	to optimize future collaboration in the care of the patient and family
learning plan and when necessary, improves it	 Uses the results from the OITE to modify the study plan to address deficiencies
Level 5 Role models consistently seeking	Models and teaches practice improvement through focused study and reflective feedback
feedback and other input with adaptability and	
humility	
Coacnes others on reflective practice	Develops educational module for collaboration with other patient care team members
Assessment Models of Tools	ABUS Benavioral Skills Tools
	Core conterence participation Direct cheer vetion
	Direct observation

	Review of learning plan
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Academic Pediatrics</i>. 2014;14(2 Suppl):S38- S54. <u>https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/pdf</u>. 2021. Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Academic Medicine</i>. 2009;84(8):1066-1074. <u>https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement and Correl ates of Physicians Lifelong.21.aspx</u>. 2021. Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing residents' written learning goals and goal writing skill: validity evidence for the learning goal scoring rubric. <i>Academic Medicine</i>. 2013;88(10):1558-1563. <u>https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing Residents_W</u> ritten Learning Goals and.39.aspx. 2021.

Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrates ethical and professional behaviors, and use appropriate resources for managing ethical and professional dilemmas

Milestones	Examples
Level 1 Identifies and describes inciting events for professionalism lapses	 Identifies fatigue, illness, increased substance/alcohol use and unmanaged stress as contributing factors to professional lapses
Demonstrates knowledge of the ethical principles underlying patient care (e.g., informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics)	 Relates the importance of patient autonomy as it relates to informed consent including the role of surrogates and advance directives Understands the impact of disclosing errors in patient care and loss of patient confidentiality
Level 2 Demonstrates insight into professional behavior in straightforward situations	 Understands perceptions created by tone of voice, timing/place of feedback within the health care team during daily patient care activities
Applies ethical principles in straightforward situations and takes responsibility for lapses	 Notifies appropriate people of personal mistakes; does not make excuses Accepts responsibility when supervising residents who do not provide appropriate instruction to learners (e.g., wrong labs, splint)
Level 3 Demonstrates professional behavior in complex situations	 Does not attribute blame when discussing adverse outcome with family members or the patient Uses respectful, unemotional communication in discussions when resolving conflict within health care team
Integrates ethical principles and recognizes the need to seek help in complex situations	 Notifies site director or appropriate supervisor after noticing a colleague seems to be impaired
Level 4 Recognizes situations that may promote professionalism lapses and intervenes to prevent lapses in self and others	 Acts in patient's best interest when collaborating with other health care services to determine appropriate admission service Responds to inappropriate racial or gender microaggressions
Recognizes and uses appropriate resources for managing and resolving ethical dilemmas (e.g., ethics consultations, literature review, risk management/legal consultation)	 Elevates issues regarding end-of-life decisions to appropriate channels when family or other conflict is evident (e.g., Ethics Committee, legal counsel, risk management)
Level 5 Coaches others when their behavior fails to meet professional expectations	 Chooses appropriate setting and tone in discussions with others regarding suboptimal professional behavior

Identifies and seeks to address system-level	Recognizes source of repetitive conflict between members of health care team and
factors that induce or exacerbate ethical	recommends institutional policy to resolve
problems or impede their resolution	Devises materials to aid others in learning to provide informed consent
Assessment Models or Tools	Direct observation
	Global evaluation
	Multisource feedback
	Oral or written self-reflection
	Simulation
Curriculum Mapping	
Notes or Resources	 American Medical Association (AMA). Ethics. <u>https://www.ama-assn.org/delivering-</u>
	care/ama-code-medical-ethics. 2021.
	 ABIM Foundation, ACP-ASIM Foundation, European Federation of Internal Medicine.
	Medical professionalism in the new millennium: A physician charter. <i>Perspectives</i> . 2002.
	https://abimfoundation.org/wp-content/uploads/2015/12/Medical-Professionalism-in-the-
	New-Millenium-A-Physician-Charter.pdf. 2021.
	• Bynny RL, Paauw DS, Papadakis MA, Pfeil S. <i>Medical Professionalism Best Practices:</i>
	Professionalism in the Modern Era. Aurora, CO: Alpha Omega Alpha Medical Society;
	2017. http://alphaomegaalpha.org/pdfs/Monograph2018.pdf. 2021.
	• Domen RE, Johnson K, Conran RM, et al. Professionalism in pathology: A case-based
	approach as a potential education tool. Arch Pathol Lab Med. 2017;141(2):215-219.
	https://meridian.allenpress.com/aplm/article/141/2/215/132523/Professionalism-in-
	Pathology-A-Case-Based-Approach. 2021.
	• Levinson W, Ginsburg S, Hafferty FW, Lucey CR. Understanding Medical
	Professionalism. 1st ed. New York, NY: McGraw-Hill Education; 2014.
	https://accessmedicine.mhmedical.com/book.aspx?bookID=1058. 2021.

Professionalism 2: Accountability/Conscientiousness Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team

Milestones	Examples
Level 1 Reliably arrives to clinical activities on	 Completes work hour logs promptly
time and describes strategies for ensuring timely task completion	 Exhibits punctuality in conference attendance
Responds promptly to requests or reminders to complete tasks and responsibilities	Completes end-of-rotation evaluations
Level 2 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in straightforward situations	 Completes administrative tasks, documents safety modules, procedure review, and licensing requirements by specified due date
Completes tasks and responsibilities without reminders	 Completes tasks before going out of town in anticipation of lack of computer access while traveling
Level 3 Prioritizes tasks and responsibilities in a timely manner with appropriate attention to detail in complex situations	 Notifies attending of multiple competing demands on call, appropriately triages tasks, and asks for assistance from other residents or faculty members as needed
Proactively completes tasks and responsibilities to ensure that the needs of patients, teams, and systems are met	 Arranges coverage for assigned clinical tasks in preparation for being out of the office to ensure appropriate continuity of care
Level 4 Recognizes barriers that may impact others' ability to complete tasks and responsibilities in a timely manner	 Takes responsibility for inadvertently omitting key patient information during sign-out Recognizes personal deficiencies in communication with team members about patient care needs Recognizes when multiple residents are unavailable, the outpatient clinic will be negatively affected and appointments delayed
Level 5 Develops processes to enhance other's ability to efficiently complete patient care tasks and responsibilities	 Leads interdisciplinary team to identify problems and specific solutions to develop a process to streamline patient discharges
Assessment Models or Tools	 ABOS Behavioral Skills Tool Compliance with deadlines and timelines Direct observation Global evaluations Multisource feedback Self-evaluations and reflective tools

	Simulation
Curriculum Mapping	
Notes or Resources	• AMA. Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2021.
	 American Academy of Orthopaedic Surgeons (AAOS). Code of Ethics and
	Professionalism for Orthopaedic Surgeons. https://www.aaos.org/about/bylaws-
	policies/ethics-and-professionalism/code/. 2021.
	 Code of conduct from fellow/resident institutional manual
	 Expectations of residency program regarding accountability and professionalism

Professionalism 3: Well-Being Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others

Milestones	Examples
Level 1 Recognizes the importance of	Acknowledges own response to patient's poor outcome
addressing personal and professional well-being (e.g., physical and emotional health)	 Receives feedback on missed emotional cues after a family meeting
Level 2 Lists available resources for personal and professional well-being	 Independently identifies and communicates impact of a personal family tragedy
Describes institutional resources that are meant to promote well-being	 Lists GME counseling services, suicide hotline, and well-being committee representatives available at the institution
Level 3 Discusses a plan to promote personal and professional well-being with institutional support	 Develops a reflective response to deal with personal impact of difficult patient encounters and disclosures with the interdisciplinary team
Recognizes which institutional factors affect well-being	Identifies faculty mentors
Level 4 Independently develops a plan to promote personal and professional well-being	 Identifies ways to manage personal stress and responses to unexpected patient outcomes, independently
Describes institutional factors that positively and/or negatively affect well-being	 Identifies initiatives within the residency program to improve well-being
Level 5 Creates institutional level interventions that promote colleagues' well-being	 Assists in organizational efforts to address clinician well-being after patient diagnosis/prognosis/death
Describes institutional programs designed to examine systemic contributors to burnout	 Implements a lasting initiative to improve resident well-being within the program
Assessment Models or Tools	ABOS Behavioral Assessment Tool
	Direct observation
	Group Interview or discussions for team activities
	 Individual interview Institutional online training modules
	Self-assessment and personal learning plan
Curriculum Mapping	•
Notes or Resources	• This subcompetency is not intended to evaluate a resident's well-being, but to ensure each resident has the fundamental knowledge of factors that impact well-being, the

mechanisms by which those factors impact well-being, and available resources and tools
to improve well-being.
• ACGME. "Well-Being Tools and Resources." <u>https://dl.acgme.org/pages/well-being-tools-</u>
resources. 2021.
• Ames SE, Cowan JB, Kenter K, Emery S, Halsey D. Burnout in orthopaedic surgeons: A
challenge for leaders, learners, and colleagues: AOA critical issues. J Bone Joint Surg
<i>Am.</i> 2017;99(14):e78.
https://journals.lww.com/jbjsjournal/Abstract/2017/07190/Burnout in Orthopaedic Surgeo
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• Daniels AH, DePasse JM, Kamal RN. Orthopaedic surgeon rurnout: Diagnosis, treatment,
and prevention. J Am Acad Orthop Surg. 2016;24(4):213-9.
https://www.researchgate.net/publication/294918464 Orthopaedic Surgeon Burnout Dia
gnosis Treatment and Prevention. 2021.
• Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence:
Personal and professional development. Acad Pediatr. 2014 Mar-Apr;14(2 Suppl):S80-97.
https://pubmed.ncbi.nlm.nih.gov/24602666/. 2021.
 Local resources, including Employee Assistance

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication	
d behaviors to form constructive relationships with patients and family; identify	
communication barriers including recognizing biases, diversity, and health care disparities while respecting patient autonomy in	
communications: organize and lead communication around shared decision making	
Examples	
• Introduces self and faculty member, identifies patient and others in the room, and	
engages all parties in health care discussion with sensitivities to patient and family	
dynamics	
 Identifies need for trained interpreter with non-English-speaking patients 	
 Uses age-appropriate and health literacy-appropriate language 	
 Outlines basic risks, benefits, and alternatives to surgery 	
• Avoids medical jargon and restates patient perspective when discussing a diagnosis and	
treatment options of a simple fracture	
• Uses patient-centered communication when answering questions during the informed	
consent process	
Recognizes the need for handouts with diagrams and pictures to communicate	
information to a patient who is unable to read	
. Discussos vistos la matita, and alternativas to fivetian of simula fracture and severalite man	
• Discusses risks, benefits, and alternatives to fixation of simple fracture and consults more	
senior residents or an altending if questions arise that are beyond the resident's	
knowledge base	
Acknowledges a patient's request for an inappropriate diagnostic study and respectfully	
• Acknowledges a patient s request for an inappropriate diagnostic study and respectfully redirects and initiates a treatment plan using only appropriate studies.	
redirects and initiates a treatment plan using only appropriate studies	
 Modifies a treatment plan to achieve natient's goal after a middle-aged natient states a 	
desire to run a marathon despite knee pain, even though the physician has biases about	
high-impact activity in early arthritis	
• Discusses indications, risks, benefits, and alternatives during informed consent for a hip	
fracture including a discussion of patient functional outcomes	

Level 4 Facilitates difficult discussions to patients and families, (e.g., explaining complications, therapeutic uncertainty)	 Counsels representative family members in the care of a patient with dementia and a hip fracture when some family members desire surgery and others do not
Recognizes biases and integrates patient's viewpoint and autonomy to ensure effective communication	• Discusses a middle-aged patient's goal to run a marathon after knee replacement surgery despite personal bias about high-impact activity on a knee replacement; includes identification of risks, benefits, and long-term effects of high-impact running, and a treatment plan to achieve the patient's goal
Counsels patient through decision-making process for complex conditions	 Discusses indications, risks, benefits, and alternatives during informed consent for hip fracture with multiple medical conditions, dementia, and high risk of death associated with surgical or non-surgical treatment, including ambiguous outcomes Obtains a consent in emergent situations in a polytrauma patient and documents appropriately
Level 5 Coaches others in the facilitation of difficult conversations	 Leads an OSCE for obtaining informed consent in hip fracture patients with dementia
Mentors others in situational awareness and critical self-reflection	 Encourages others to take the Implicit Bias Test (link in Resources) and leads a discussion about impact of implicit bias in residency Observes interactions between more junior residents and patients and offers constructive feedback Serves on a hospital bioethics committee
Counsels patient through decision-making process for uncommon conditions	 Develops supplemental materials to better inform patients prior to total joint arthroplasty Counsels patient's family about treatment options for a congenital hand deformity
Assessment Models or Tools	 ABOS Behavioral Assessment Tool Direct observation OSCE Simulation Standardized patients Self-assessment including self-reflection exercises
Curriculum Mapping	
Notes or Resources	 Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. <u>https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170</u>. 2021.

Makoul G. Essential elements of communication in medical encounters: The Kalamazoo
consensus statement. Acad Med. 2001;76:390-393.
https://pubmed.ncbi.nlm.nih.gov/11299158/. 2021.
Project Implicit. https://implicit.harvard.edu/implicit/takeatest.html. 2021.
• Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of
communication skills and professionalism in residents. BMC Med Educ. 2009;9:1.
https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2021.

Interpersonal and Communication Skills 2: Interprofessional and Team Communication

Overall Intent: To effectively communicate with the health care team, including other care providers, staff members, and ancillary personnel, in both straightforward and complex situations

Milestones	Examples
Level 1 Recognizes the value and role of each team member and respectfully interacts with all members of health care team	 Answers questions respectfully and patiently for radiology tech regarding x-ray orders understanding that the radiology tech plays in important role in care of the orthopaedic patient Respires on emergency department consult for a simple fracture and respectfully takes
	the patient information
Level 2 Communicates in a professional and	 Communicates with the radiology tech the need for specialized x-ray views in an unstable fracture and assists with limb positioning if requested by the tech
active listening, updates in timely fashion)	 Communicates with the emergency department physician a diagnosis of evolving compartment syndrome and need for timely optimization and mobilization of the patient to the operating room
Level 3 Actively recognizes and mitigates communication barriers and biases with the health care team	 Communicates respectfully with trauma team the prioritization of stabilization in a polytrauma patient with an unstable pelvis fracture, femur fracture, and multiple visceral injuries
	 Recognizes the need for respectful communication between services when a conflict arises regarding which service will admit the patient
Level 4 Facilitates respectful communications	Initiates a multidisciplinary conversation to alleviate conflict around a shared care plan for a patient with unstable polyis fracture, formult fracture, and multiple viscored injuries
health care team	 Attends medical rounds to review consult findings about the possible septic knee and provides education of the medical team about evaluation of a septic joint
Level 5 Exemplar of effective and respectful communication strategies	 Mediates a conflict resolution between different members of the health care team
Assessment Models or Tools	ABOS Behavioral Assessment Tool
	Global assessment
	Multi-source feedback
	• OSCE
	Simulation Standardized natient
Curriculum Mapping	
Notes or Resources	 Braddock CH, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: Time to get back to basics. <i>JAMA</i>. 1999;282(24):2313- 2320. https://pubmed.ncbi.nlm.nih.gov/10612318/. 2021.

• Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360.
MedEdPORTAL. 2015;11:10174 http://doi.org/10.15766/mep_2374-8265.10174. 2021.
• Fay D, Mazzone M, Douglas L, Ambuel B. A validated, behavior-based evaluation
instrument for family medicine residents. <i>MedEdPORTAL</i> .
https://www.mededportal.org/doi/10.15766/mep_2374-8265.622. 2021.
• François, J. Tool to assess the quality of consultation and referral request letters in family
medicine. Can Fam Physician. 2011 May;57(5), 574–575.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3093595/. 2021.
• Green M, Parrott T, Cook G., Improving your communication skills. BMJ 2012;344.
https://www.bmj.com/content/344/bmj.e357. 2021.
Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving
communication skills in graduate medical education: A review with suggestions for
implementation. <i>Med Teach</i> . 2013 May; 35(5):395-403.
https://pubmed.ncbi.nlm.nih.gov/23444891/. 2021.
• Lane JL, Gottlieb RP. Structured clinical observations: A method to teach clinical skills
with limited time and financial resources. <i>Pediatrics</i> . 2000;105(4 Pt 2):973-977.
https://pubmed.ncbi.nlm.nih.gov/10742358/. 2021.
• Roth CG, Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of
emotional intelligence in medical education. <i>Med Teach</i> . 2019;41(7):746-749.
https://pubmed.ncbi.nlm.nih.gov/30032720/. 2021.

Interpersonal and Communication Skills 3: Communication within Health Care Systems

Overall Intent: To effectively communicate across the health care system using the medical record

Milestones	Examples
Level 1 Accurately records information in the	 Documents relevant information accurately
patient record while safeguarding patient	 Shreds patient list after rounds; avoids talking about patients in the elevator
personal health information	Maintains HIPAA compliance with all communications
Level 2 Demonstrates accurate, timely, and	• Documents clinical reasoning in an organized manner that supports the treatment plan
efficient use of electronic health record to	 Develops documentation templates to avoid copy-and-paste errors
communicate with the health care team	
Lloss appropriate communication methods (o a	• Calle attending if ears plan is urgent
face-to-face voice electronic)	 Lises institution authorized methods when texting
Level 3 Concisely reports diagnostic and	Documents a clear rationale for surgical treatment of periprosthetic hip fracture including
therapeutic reasoning while incorporating	risks, benefits, and alternatives
relevant outside data	Obtains outside records including prior implant records
Respectfully initiates communications about	• Tells more senior resident or attending about an order set in the EHR with a medication
concerns in the system	dosing that could result in an error
	 Identifies and reports safety near-misses using the hospital reporting system
Level 4 Independently communicates via written	• Calls attending with assessment and recommends a plan for surgical treatment of a
or verbal methods based on urgency and	periprosthetic hip fracture including implant choices
context	• Triages and communicates time urgency of treatment of a polytruama patient
Lises appropriate channels to offer clear and	• Works with information technology/sends a help desk ticket to improve an order set or dat
constructive suggestions to improve the system	phrase
Level 5 Facilitates improved written and verbal	 Holds one-on-one teaching sessions with residents and medical students to improve
communication of others	documentation
Guides departmental or institutional	Gives grand rounds or resident lectures that includes care models/pathway utilization
communication around policies and procedures	
Assessment Models or Tools	ABOS Behavioral Assessment Tool
	Direct observation
	Medical record (chart) review
	Initiation evolution
Curriculum Monning	
Curriculum Mapping	

Notes or Resources	• Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible
	electronic documentation: Validity evidence for a checklist to assess progress notes in the
	electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432.
	https://www.tandfonline.com/doi/full/10.1080/10401334.2017.1303385. 2021.
	Haig KM, Sutton S, Whittington J. SBAR: A shared mental model for improving
	communication between clinicians. <i>Jt Comm J Qual Patient Saf</i> . 2006;32(3)167-175.
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	• Starmer AJ, Spector ND, Srivastava R, et al. I-PASS, a mnemonic to standardize verbal
	handoffs. Pediatrics. 2012;129(2):201-204. https://ipassinstitute.com/wp-
	content/uploads/2016/06/I-PASS-mnemonic.pdf. 2021.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Anterior Cruciate Ligament	PC4: Operative Management of Arthroscopically Treated Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC2: Ankle Arthritis	PC4: Operative Management of Arthroscopically Treated Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC3: Ankle Fracture	PC1: Operative Management of Fractures and Dislocation PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC4: Carpal Tunnel	PC2: Operative Management of Soft Tissue Pathology PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC5: Degenerative Spinal Conditions	PC3: Operative Management of Degenerative, Infectious, and Neoplastic Conditions PC6: Evaluation and Management of the Adult Orthopaedic
PC6: Diabetic Foot	PC1: Operative Management of Fractures and Dislocation PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC7: Diaphyseal Femur and Tibia Fracture	PC5: Operative Management of Pediatric Conditions PC7: Evaluation and Management of the Pediatric Orthopaedic Patient
PC8: Distal Radius Fracture	PC1: Operative Management of Fractures and Dislocation PC6: Evaluation and Management of the Adult Orthopaedic Patient
PC9: Adult Elbow Fracture	PC1: Operative Management of Fractures and Dislocation PC6: Evaluation and Management of the Adult Orthopaedic Patient

PC10: Hip and Knee Osteo Arthritis	PC4: Operative Management of Arthroscopically Treated
	Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic
	Patient
PC11: Hip Fracture	PC1: Operative Management of Fractures and Dislocation
	PC3: Operative Management of Degenerative, Infectious, and
	Neoplastic Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic
	Patient
PC12: Metastatic Bone Lesion	PC3: Operative Management of Degenerative, Infectious, and
	Neoplastic Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic
	Patient
PC13: Meniscal Tear	PC4: Operative Management of Arthroscopically Treated
	Conditions
	PC6: Evaluation and Management of the Adult Orthopaedic
	Patient
PC14: Pediatric Septic Hip	PC5: Operative Management of Pediatric Conditions
	PC7: Evaluation and Management of the Pediatric Orthopaedic
	Patient
PC15: Rotator Cuff Injury	PC2: Operative Management of Soft Tissue Pathology
	PC6: Evaluation and Management of the Adult Orthopaedic
	Patient
PC16: Pediatric Supracondylar Humerus Fracture	PC5: Operative Management of Pediatric Conditions
	PC7: Evaluation and Management of the Pediatric Orthopaedic
	Patient
MK1: Anterior Cruciate Ligament	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK2: Ankle Arthritis	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK3: Ankle Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK4: Carpal Tunnel	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK5: Degenerative Spinal Conditions	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK6: Diabetic Foot	MK1: Orthopaedic Clinical Decision Making

	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK7: Diaphyseal Femur and Tibia Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK8: Distal Radius Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK9: Adult Elbow Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK10: Hip and Knee Osteo Arthritis	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK11: Hip Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK12: Metastatic Bone Lesion	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK13: Meniscal Tear	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK14: Pediatric Septic Hip	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK15: Rotator Cuff Injury	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
MK16: Pediatric Supracondylar Humerus Fracture	MK1: Orthopaedic Clinical Decision Making
	MK2: Anatomy and Physiology of Musculoskeletal Conditions
SBP1: Systems thinking, including cost-effective practice	SBP3: Physician Role in Health Care Systems
SBP2: Resident will work in interprofessional teams to	SBP1: Patient Safety and Quality Improvement
enhance patient safety and quality care	SBP2: System Navigation for Patient-Centered Care
SBP3: Uses technology to accomplish safe health care	ICS3: Communication within Health Care Systems
delivery	
PBLI1: Self-Directed Learning	PBLI2: Reflective Practice ad Commitment to Personal Growth
PBLI2: Locate, appraise, and assimilate evidence from	PBLI1: Evidence-Based and Informed Practice
scientific studies to improve patient care	
PROF1: Compassion, integrity, and respect for others as well	PROF1: Professional Behavior and Ethical Principles
as sensitivity and responsiveness to diverse patient	
populations, including but not limited to diversity in gender,	
age, culture, race, religion, disabilities, and sexual orientation.	
Knowledge about respect for and adherence to the ethical	
principles relevant to the practice of medicine, remembering in	

particular that responsiveness to patients that supersedes self-interest is an essential aspect of medical practice	
PROF2: Accountability to patients, society, and the profession: personal responsibility to maintain emotional	PROF2: Accountability/Conscientiousness
physical, and mental health	
ICS1: Communication	ICS1: Patient- and Family-Centered Communication
	ICS2: Interprofessional and Team Communication
ICS2: Teamwork	ICS2: Interprofessional and Team Communication

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - <u>https://meridian.allenpress.com/jgme/issue/13/2s</u>

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: <u>https://www.acgme.org/residents-and-fellows/the-acgme-for-residents-and-fellows/</u>

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: <u>https://www.acgme.org/milestones/research/</u>

- Milestones National Report, updated each fall
- *Milestones Predictive Probability Report,* updated each fall
- *Milestones Bibliography*, updated twice each year

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/</u>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - <u>https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation</u>

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/